

#### MAGAZINE OF OPTOMETRY VICTORIA SOUTH AUSTRALIA OCTOBER | 2019



## LOCAL NEWS

### EDITORIAL



It is with great excitement that we've announced that Optometry Victoria South Australia's bid to host the World Congress of Optometry (WCO) in 2021 has been successful.

The WCO will be held in Melbourne on 2-4 September 2021, in conjunction

with O=MEGA21, and we will once again be partnering with the Optical Distributers and Manufacturers Association (ODMA) to deliver the conference.

We have been very fortunate to receive strong support and collaboration for our WCO bid from the Melbourne Convention Bureau, the Victorian state government and the City of Melbourne, as well as ODMA of course, and I thank each of them for their confidence in the association, and their commitment to supporting optometrists and the profession.

I'm very confident that the collaboration of WCO and O=MEGA21 will provide outstanding opportunities for members to participate in a truly international clinical conference, that will challenge, inspire and bring the profession together like never before. Work on delivering this project will carry on in the background. Meanwhile, we will continue to roll out CPD events and member services across the two states. We have a full program for the next six months, and we'll continue to update members with details of events and policy projects for 2020 as they are finalised.

I'm also very pleased to note the inclusion in this edition of *Scope*, of our newly developed 'Assessing fitness to drive' member-only resource. I hope that this chair-side resource will support members to continue to deliver quality health care for patients and their families.

Yours sincerely Pete Haydon Chief Executive Officer

# ANTERIOR EYE IN FOCUS FOR **MELBOURNE MEMBERS**



Dr Laura Downie and Tim Martin are guest speakers at the Melbourne Museum seminar

#### The next OV/SA CPD seminar in Melbourne will focus on anterior eye. The seminar will be held at the Melbourne Museum in Carlton.

Guest speaker Dr Laura Downie is an optometrist, clinician scientist and Senior Lecturer at the University of Melbourne. Laura will present on Dry Eye disease including current insights and future perspectives. Tim Martin is an optometrist and Senior Clinical Teaching Instructor at the University of Melbourne's teaching clinic. Tim will review the use of steroids in anterior eye conditions.

Participants will receive 6T CPD points (with assessment). Drinks and canapes will be provided as part of the event.

The seminar is free for OV/SA members.

This late November seminar is always popular with members, and is a great opportunity to catch up with friends and colleagues before the end of the year. Register today to secure your place!

Visit optometry.org.au/cpdpublications-events find the event date in the calendar and click on the event.

Melbourne	
Date:	Monday 18 November
Time:	6pm - 8:30pm
Venue:	Melbourne Museum, 11 Nicholson Street, Carlton
Cost:	Free to OV/SA members
CPD points:	6T (with assessment)

# PLACES FILLING FAST FOR OV/SA REGIONAL SEMINAR SERIES

## OV/SA's regional seminar series for 2019/20 is proving popular with members, with places filling fast.

The first seminar will be held in Traralgon in Victoria on 20 November, followed by a second seminar in Warrnambool on 27 November, before heading across the border to the Port Lincoln in South Australia on 28 November.

Guest speaker Richard Lenne's presentation 'Can I treat this patient?' will have a strong case-based focus, ensuring a practical update on the use of therapeutics in optometric practice.

Richard is an experienced and engaging speaker. He will draw on his knowledge working in regional practice settings for over 20 years, while also incorporating the latest evidence in his presentation.

The seminars are free for OV/SA members. Participants will receive a three-course meal with refreshments, as well as 6T CPD points (with assessment). Members will also have the opportunity to network and catch up with local colleagues and friends, as part of the seminar.

To register through the website visit optometry.org.au click on Institute of Excellence (CPD) on the home page, navigate through the calendar to find the correct date, click on the event and register through the blue register button.

Alternatively contact the OV/SA office on office.vicsa@optometry.org.au or call (03) 9652 9100.



The OV/SA regional CPD series is coming to Warrnambool (above), Traralgon and Port Lincoln in November.

Traralgon	
Date:	Wednesday 20 November
Time:	6:00pm - 8:30pm
Venue:	Century Inn, 5 Airfield Road
Cost:	Free to OV/SA members
CPD points:	6T (with assessment)

Warrnambool	
Date:	Wednesday 27 November
Time:	6:00pm - 8:30pm
Venue:	Lady Bay Resort, 2 Pertobe Road
Cost:	Free to OV/SA members
CPD points:	6T (with assessment)

Port Lincoln	
Date:	Thursday 28 November
Time:	6:00pm - 8:30pm
Venue:	Port Lincoln Hotel, 1 Lincoln Highway
Cost:	Free to OV/SA members
CPD points:	6T (with assessment)

## STATE ADVISORY COMMITTEE SOUTH AUSTRALIA

OV/SA has been delighted by the response from South Australian-based members to nominate for the new State Advisory Committee South Australia (SACSA). The calibre of applicants was outstanding, with a diverse range of members responding to the call.

The SACSA is being established following a commitment made to members during the proposal to amalgamate Optometry South Australia and Optometry Victoria.

The key focus of the SACSA will be to provide operational advice and insights to the OV/SA secretariat on emerging issues in optometry in South Australia including:

- clinical and technical issues;
- guidance on policy issues, and
- input into the development and updating of member resources and information.

In Victoria the Optometric Clinical and Policy Committee Victoria (OCPCV) as it's currently known, performs a similar function.

Membership of the SACSA will reflect the diversity of the optometry sector and include members working in independent optometry, corporate optometry and public health as well as metropolitan and regional and rural members.

The SACSA will convene at least twice a year with regular email communication between meetings. Attendance will be either in person or by video/teleconference.

The secretariat is currently reviewing the nominations, and will announce the successful applicants shortly.

## BLUE SKY CONGRESS PRESENTS: A DAY IN NOVEMBER (ADELAIDE)



Anterior Eye will be the focus at *Blue Sky Congress presents: A day in November* on Sunday 17 November, 2019 at the Pullman Hotel in central Adelaide.

On the back of the successful Day in May earlier this year, this bite sized Blue Sky event will be the first of its type from the newly merged Optometry Victoria South Australia and will provide the perfect opportunity to update and refresh on anterior eye topics.

We are excited to deliver a quality program with well-regarded speakers in the field of anterior eye and will continue to capture the essence of fun and community that is Blue Sky. Confirmed speakers are optometrist, clinician scientist and Senior Lecturer at the University of Melbourne Dr Laura Downie, optometrist Tim Martin and ophthalmologist Dr Ben Connell.

Gary Edwards will once again MC the event, which will have a theme of 'follow the yellow brick road', and there will be music, antics and laughs to keep it upbeat.

Partricipants can earn up to 18 therapeutic CPD points across the day with assessment and there is also an opportunity to refresh your CPR prior to the conference. There will be a small trade fair in the foyer and the chance to catch up at a sundowner at the end of the day.

Adelaide	
Date:	Sunday 17 November
Time:	Full day mini conference 10am - 5:30pm
	CPR refresher 7am - 9:30am
Venue:	Adelaide Pullman Hotel, 16 Hindmarsh Square
Cost:	OV/SA members \$200
	Non-members \$350
	CPR refresher training \$65 (members only)
CPD points:	Up to 18T (with assessment)

### IMMEDIATE GRADUATE MEMBERS: DINNER IS ON US IN MELBOURNE!



Immediate Graduate members are invited to a relaxed and fun dinner in the heart of Melbourne at the beautiful Berth restaurant in Docklands.

The dinner is a great opportunity to catch up with your graduating class over a delicious three course meal plus drinks. Optometry Victoria South Australia's senior staff, a Board Director and Early Career Optometrists Victoria South Australia committee members will also be there to chat with members and talk about issues of interest.

Or just relax and enjoy a fun night out, on us!

#### Registration is essential. To register visit optometry.org.au/cpdpublications-events find the event date in the calendar and click on the event.

Alternatively contact Optometry Victoria South Australia on office.vicsa@optometry.org.au or call (03) 9652 9100.

#### Melbourne

Date:	Monday 21 October
Time:	7.00pm- 9.00pm
Venue:	Berth Restaurant, 45 New Quay Promenade, Docklands
Cost:	Free to OV/SA members

## FEATURE **ARTICLE**

### AUSTRALIA WINS BID FOR WORLD CONGRESS OF OPTOMETRY IN 2021

The World Council of Optometry has announced that the 4th World Congress of Optometry (WCO) will be held in Melbourne, Australia in 2021.

The winning competitive global tender was put together by Optometry Victoria South Australia (OV/SA) and the Optical Distributors and Manufacturers Association of Australia (ODMA).

The WCO will run alongside the highly successful Australian clinical conference and trade show O=MEGA21 from 2 to 4 September 2021 in Melbourne.

Paul Folkesson, the incoming President of the World Council of Optometry, will confirm the partnership at a ceremony at the 3rd WCO in Orlando, Florida, on 26 October.

"We had a very strong international field of contenders wanting to host the 4th WCO, and the Melbourne bid was quite outstanding. I have no doubt that the Australians have the experience, infrastructure and professionalism to deliver an outstanding event," incoming President of the World Council of Optometry Mr Folkesson said.

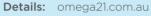
OV/SA President Elise Pocknee-Clem said: "It's an honour to have been chosen to host the 4th WCO. It will be a tremendous opportunity for our members to come together, share ideas and make international connections."

The Chairman of ODMA, Robert Sparkes, said: "O=MEGA21 is the largest and most credentialed clinical conference and trade show in the Southern Hemisphere for optometry and the ophthalmic optics community." "It has always been our plan to expand the reach of our new O=MEGA offering, and make it a truly regional event. We are excited about collaborating with the World Council of Optometry and hosting the WCO during O=MEGA's second stellar conference," ODMA Chairman Robert Sparkes said.

The World Council of Optometry facilitates the development of optometry around the world and supports optometrists to promote eye health and vision care as a human right, through advocacy, education, policy development and humanitarian outreach.

O=MEG of Opto	A21 / 4th World Congress ometry	
Date:	2-4 September, 2021	

Venue:	Melbourne Convention and
	Exhibition Centre





## MEMBER PROFILE

### STUDENT TRAINING OPPORTUNITY AN EYE OPENING EXPERIENCE



Joshua. Sarah. Daisv. and dentistrv student Msimisi Fakudze from the University of Pretoria, South Africa on the Phelophepa Healthcare Train.

Daisy Bhagat, Sarah Vilvarajan and Joshua Rivera are final year optometry students at the University of Melbourne. For their international student placements Daisy. Sarah and Joshua visited South Africa for the ride of their lives aboard the Phelophepa Healthcare Train.

"We flew from Melbourne to Polokwane and transferred to the University of Limpopo for two weeks. At the university we spent some time seeing patients who were attending the University eye clinic, alongside the University of Limpopo students," Daisy said.

"FROM THE UNIVERSITY WE TOOK A 25-HOUR BUS RIDE TO A SMALL TOWN CALLED DE DOORNS IN THE WESTERN CAPE, FOR OUR TWO WEEK PLACEMENT ON THE PHELOPHEPA HEALTHCARE TRAIN. THE TRAIN PROVIDES HEALTH CARE SERVICES TO PEOPLE LIVING IN RURAL AND REMOTE AREAS OF SOUTH AFRICA WHO DON'T HAVE ACCESS TO HEALTH CARE SERVICES IN THEIR LOCAL REGION," DAISY SAID.

"There are two healthcare trains in operation, and our train only travelled around the Western Cape. We were joined by students from other health professions including nursing, pharmacy, dentistry and psychology. Our accommodation, dining and all aspects of living was on the train," she said.

"Our clinic days started at 8am where we would have many patients waiting to be seen, and we'd finish around 2pm each day. Some of us were on the train in consultation rooms which included a slit lamp, phoropter and other basic equipment, while the rest of us carried out eye tests outside using trial sets and direct ophthalmoscopes," Daisy said.

#### "THE CONDITIONS WERE CHALLENGING, ESPECIALLY WORKING OUTSIDE WHERE IT WAS AROUND EIGHT TO TEN DEGREES CELSIUS IN THE MORNING WITH SNOW VISIBLE ON THE SURROUNDING MOUNTAINS. IT WAS WORSE FOR THE PATIENTS THOUGH, AS MANY OF THEM HAD BEEN WAITING FOR THE TRAIN TO ARRIVE IN THESE TEMPERATURES FOR SOME TIME," SHE SAID.

"In total we would see about 100 patients per day, with varying pathologies including pterygium, SAC, glaucoma, poorly done cataract surgeries, CIN and various low vision patients," Daisy said.



"NOT HAVING ACCESS TO THE USUAL RANGE OF EQUIPMENT OR THERAPEUTIC TREATMENTS WAS TOUGH. ON SOME DAYS WE HAD NO WATER OR ELECTRICITY. THE LANGUAGE BARRIER WAS QUITE DIFFICULT EVEN WITH A TRANSLATOR IN PLACE, AND THE LEVELS OF POVERTY THAT MANY OF THE PATIENTS EXPERIENCE IS VERY CHALLENGING TO SEE. IT WAS DEFINITELY AN EYE OPENING EXPERIENCE," SHE SAID.

"It's certainly reminded me how fortunate we are in Australia, having access to the latest eye care equipment and treatments for patients, generally without issue. In South Africa even accessing the basics like lubricating drops or contact lenses is often not possible. So while I thoroughly enjoyed the experience it has left me with mixed emotions," Daisy said.

"I'M SO PLEASED THAT I'VE HAD THIS EXPERIENCE. IT'S SO UNIQUE AND I DON'T THINK I'D HAVE BEEN PREPARED TO DO THIS ONCE I'VE GRADUATED. I FEEL THAT AS A RESULT OF DOING THIS, I'M MORE CAPABLE OF EMBRACING CHALLENGES," SHE SAID.

Daisy, Sarah and Joshua are on track to graduate from the University of Melbourne at the end of 2019.



Sarah. Joshua and Daisv on clinic dav on the Phelophepa Healthcare Train.



Living guarters on the train were compact.

## MEMBER **PROFILE**

# MITCH WALKER: MAKING A GENUINE DIFFERENCE FOR PATIENTS AND THE PROFESSION



Mitch Walker graduated from QUT in Queensland in 2008 and moved to Adelaide for what was going to be a one to two year stint. While based in Adelaide he worked as a locum throughout different states for independent, corporate, and outreach practices in rural and metropolitan settings.

"In 2015 I took on the role of SA Professional Services Manager for Optical Superstore. I also consult for the Optical Superstore three days a week, and run a low vision clinic at the Royal Society for the Blind once a week. Ten years later and I think I'm officially a South Australian," Mitch said.

Mitch was previously a Board Director and Vice President of Optometry South Australia (OSA), as well as Chair of the OSA CPD committee. We asked Mitch what prompted him to get involved and what the experience was like.

"INITIALLY I JOINED THE OSA BOARD AS I WANTED TO HELP RAISE THE PROFILE OF FULL SCOPE OPTOMETRY AMONGST THE GENERAL PUBLIC AND OUR MEDICAL AND ALLIED HEALTH COLLEAGUES. I THINK WE HAVE MADE SOME GREAT PROGRESS WITH EXCITING PROJECTS BEING LAUNCHED, INCLUDING HOSPITAL PILOTS AND JOINT CPD EVENTS, BUT THERE WILL ALWAYS BE PLENTY OF MORE WORK TO BE DONE," MITCH SAID. "It was daunting initially joining the board as an early career optometrist, but the other Directors were very welcoming. I also learnt having a variety of skills and levels of experience around the Board table made for better decision making," he said.

Mitch has recently joined the OV/SA CPD committee, and we asked him what he's looking forward to in relation to the committee, and what he hopes to achieve.

"I LOVED BEING INVOLVED WITH THE OSA CPD EVENTS AND BLUE SKY. IT WAS GREAT TO BE ABLE TO BRING WORLD-CLASS SPEAKERS FROM AUSTRALIA AND OVERSEAS TO ADELAIDE FOR A FUN AND ENTERTAINING CONFERENCE. WITH THE EFFICIENCIES GAINED FROM THE OV/SA AMALGAMATION IT'S GOING TO BE REALLY EXCITING TO SEE THE CALIBRE OF EVENTS THAT WE'LL BE ABLE TO ROLL OUT OVER THE NEXT FEW YEARS," MITCH SAID.

We asked Mitch what he enjoys most about working as an optometrist.

"As optometrists I think we're really lucky to be able to make genuine differences to people's eyesight, eye health and lives, usually without too much stress or blood and guts. Working in the low vision clinic can be particularly rewarding as helping a client maintain their independence or continue enjoying a particular hobby can have a huge flow on effect to their mental health and wellbeing," he said.

"Also a large part of my role as professional services manager is mentoring early career optometrists. This means I get to help manage and talk through some of the more interesting cases that walk through the doors, which I really enjoy," Mitch said.

We also asked Mitch what he finds most challenging about being an optometrist.

"Finding the time to juggle management duties with a busy day of consulting can be tough. Keeping up with the latest clinical evidence and professional legislation for my management role can also be challenging, but it does keep my job interesting," he said.

We asked Mitch what sort of changes he's seen in the profession in the time that he's been practising, and what impact he thinks these have had.

"IT'S REALLY QUITE AMAZING TO SEE THE CHANGES THAT HAVE OCCURRED TO OUR PROFESSION IN JUST TEN YEARS. WE NOW HAVE THERAPEUTIC PRESCRIBING RIGHTS, A WHOLE SUITE OF NEW TECHNOLOGY AVAILABLE, MYOPIA CONTROL IS BECOMING MAINSTREAM AND BUSINESS MODELS ARE EVER CHANGING. WITH EACH CHANGE THERE HAVE BEEN ASSOCIATED CHALLENGES AND OPPORTUNITIES AND IT WILL BE INTERESTING TO SEE WHAT THE PROFESSION WILL LOOK LIKE IN ANOTHER TEN YEARS. THE CHANGES MEAN WE ARE CONSTANTLY LEARNING AND UPSKILLING WHICH IS FUN IN ITSELF," MITCH SAID.

We asked Mitch what inspired him to become an optometrist.

"I actually started an aerospace engineering degree but realised I wanted to have a career that was more people focused. After learning that optometrists do so much more than sell glasses I changed degrees. It was a great move as I'm now in a profession that has a great work life balance, fun colleagues and a variety of sub-interests to engage in. " he said.

## ASSESSING FITNESS TO DRIVE MEMBER RESOURCE NOW AVAILABLE

#### OV/SA is delighted to announce that the 'Assessing fitness to drive' chairside clinical resource has now been released.

A hard copy of the resource has been included with this edition of *Scope* magazine exclusively for OV/SA members.

The resource aims to provide members with an update on the key requirements of assessing fitness to drive, offering guidance on the obligations of both optometrists and patients.

The guide clarifies which visual standard applies in what circumstances, and includes updates on recent changes to legislation including in the area of rideshare services such as Uber.

The guide also includes a visual acuity management chart that highlights the circumstances in which a conditional licence might be considered.

Different requirements for Victorian and South Australian optometrists are clearly highlighted throughout the document. A list of useful websites and resources are also included.

An online version of the resource is downloadable by members at www.optometry.org.au/practiceprofessional-support/patient-practicemanagement/driving-standards/



#### Information for optometrists assessing fitness to drive Updated 15 September 2019

Please note, while every effort has been made to ensure the information is accurate, carrely and complex, it is growing in instrum and must not be theretian a stake, inford or otherwise, because are used, instrument and charge to the law can score. This member resource divide the base of the Comments and Charge Which Daves produced justity by Austrada and the Waldrank Tangora Commission Australia. 2019

## UPDATED HPSS AWARD CLASSIFICATION SCHEDULE FOR OPTOMETRISTS, OPTICAL DISPENSERS AND OTHER SUPPORT STAFF



As members will be aware, earlier this year the Fair Work Ombudsman advised that the Health Professionals and Support Services Award (HPSS award) covers optometrists, optical dispensers and other support staff.

In late August, Optometry Australia issued an update to members regarding the HPSS Award and span of hours. This update provides details around applying the 'span of hours' clause and implications for any overtime rates for Thursday evenings and Saturdays. The update also includes advice on how to formally notify staff of their new award, classification and pay rate (if applicable).

Updated HPSS award pay scale information is also available for members. The updated information includes classification levels and the corresponding hourly rate and weekly wage figures for each of those levels, advice on calculating overtime, weekend and public holiday rates, as well as causal loadings and overtime rates, junior rates for support services and details on allowances.

An updated HPSS classification schedule provides information on General Retail award classification levels compared to the HPSS award equivalent, and descriptions on the skills and tasks required to meet the classification level.

Members can access the updated HPSS award advice and classification schedules through the website.

To download the award information visit optometry.org. au/practice-professional-support/ your-advantage/human-resourcesworkplace-relations/

### SURVEY OF OV/SA ECO MEMBERS HIGHLIGHTS STRUGGLES WITH JOB SATISFACTION

In August 2019 OV/SA undertook a survey of South Australian and Victorian early career members, to seek insights on the key issues of concern for these practitioners. The results were shared by the OV/ SA representatives at Optometry Australia's early career optometrists national think tank in late August.

The survey was very popular with members, with 101 early career optometrists attempting the survey, which was only open for six days. Seventy-six per cent of survey respondents had graduated from their optometry degree six years ago or less. Sixty-nine per cent of respondents were female.

Fifty-nine per cent of respondents were full-time permanent optometrists and 17 per cent were working as locums. Fifty-five per cent were working in corporate practices and 32 per cent at an independent practice. Sixty-five per cent were working in metropolitan Melbourne or Adelaide. We asked respondents what they enjoyed most about optometry, with 43 per cent most enjoying patient interaction. Twenty-nine per cent most enjoyed the financial stability.

#### Fifty-two per cent of participants noted they had struggled with job satisfaction in the past 12 months with the main issues leading to dissatisfaction being pay and conditions, and KPIs.

"I struggled with job satisfaction due to retail pressure and admin work hindering my clinical work and learning."

"I found work was becoming mundane, so I became a locum and am now experiencing a wide range of patients and practices."

Fifty-two per cent of survey respondents felt there aren't enough quality job opportunities in the current workforce, with many respondents keen to see more health focused or public health roles, more jobs in independent practices or hospital based roles.

"More hospital jobs. More health focused private/corporate clinics."

Respondents were asked if they planned to move into practice ownership or become a franchisee in the next three years, with 48 per cent answering no, 28 per cent noting that they weren't sure, and 21 per cent answering yes. The main reason given for not wanting to move into practice ownership was simply that they didn't want to (37 per cent), or the financial costs (17 per cent).

Survey respondents were asked where they would like to see scope of practice evolve with 38 per cent noting oral prescribing, and 20 per cent noting PI laser treatment.

OV/SA thanks all the members who took the time to complete the survey. We will use the results to inform our ongoing work with early career members.

## VICTORIAN-BASED ECO EDUCATION GRANT NOW OPEN

Victorian-based early career optometrists are invited to apply for the ECO Education Grant (Vic) 2019. The grant is specifically for early career optometrists who wish to undertake additional professional development activities.

Activities can include participation in professional development short course or specialist certificates, attendance at national or international optometry conferences, further study including Masters, PhD or research studies or postgraduate certificates or courses.

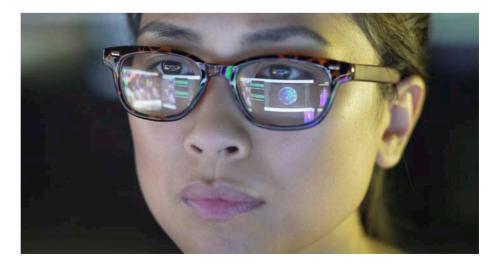
Early career optometrists are defined as practising optometrists who are up to ten years from graduation. Applicants must be a current member of OV/SA and practising optometry in Victoria.

OV/SA and the ECOV/SA committee is currently establishing an ECO Education Grant (SA) specifically for

## South Australian-based ECOs. Further details are expected to be available in the coming months.

The ECO Education Grant (Vic) is generously supported by Dr Christolyn Raj and Sunbury Eye Surgeons. Applications are due by Wednesday 23 October 2019.

For further information and to download an application form visit www.optometry.org.au/about-us/ awards/awards-vic/



## UPDATED LOCUM GUIDE NOW AVAILABLE ONLINE

## OV/SA's locum guide has now been updated and is available for members.

The guide provides clarification on determining whether a locum may actually be considered an employee or a contractor for tax and superannuation purposes.

Members are strongly encouraged to check their status through the employee/contractor decision tool on the Australian Tax Office (ATO) website. The ATO considers completing this tool a genuine attempt to understand obligations, which would be considered if the ATO reviews the working arrangement in the future.

Information on trading structures, superannuation, obtaining an ABN and invoicing for GST are also included in the guide. PAYG, insurance and other matters including Medicare provider numbers and finding work as a locum are also covered. OV/SA members can download a copy of the guide at www.optometry.org.au/ practice-professional-support/careeremployment/working-as-a-locum/



# AUGUST ECOV/SA SEMINARS POPULAR WITH MEMBERS

#### The ECOV/SA CPD seminars held in August in Adelaide, and the regional city of Geelong in Victoria, proved very popular with members.

The 'Back to Basics: Glaucoma' seminar in Adelaide had 32 members attend on the night. Guest speakers were local optometrist Jacqui Warren who holds an optometry role at the Modbury Hospital in Adelaide and also lectures in the optometry program at Flinders University, along with ophthalmologists Dr Paul Athanasiov and Dr Nick Andrew.

The 'Getting the most out of your therapeutics' seminar was held in Geelong, with 78 members attending the event. The seminar was held at Deakin University and around 50 student members took the opportunity to come along and experience a CPD seminar first hand. Guest speakers and early career optometrists Hayley Birch and Amanda Edgar delivered an engaging presentation on therapeutics with a strong focus on case based discussion.



ECOV/SA committee member Luke Higgins (right) with early career optometrist Sam Mukusu in Adelaide.

Participants at each of the seminars received 6T CPD points (with assessment). The seminars were both free for OV/SA members.



Members Merry Chen and Victor Liu travelled from Warrnambool to attend the ECOV/SA seminar in Geelong in August

## NATIONAL **NEWS**

# OBA REGISTRATION RENEWALS DUE BY 30 NOVEMBER



The Optometry Board of Australia (OBA) registration renewals are due by 30 November 2019. Now is a good time to check that you've met the requirements for the registration period, so that you can make arrangements should you need to undertake additional activities.

#### **CPD** points

Optometrists holding practising registration are required to have a minimum of 80 CPD points over a rolling two year period running from 1 December 2017 to 30 November 2019. Of these 80 points:

- A minimum of 24 points must be in face-to-face CPD activities;
- 60 of the 80 must be in clinical CPD activities;
- No more than 20 of the 80 points may be obtained by completing activities related to optical goods and equipment provided by suppliers and manufacturers, and
- 40 of the 80 points must relate to therapeutics (for those with a scheduled medicines endorsement).

OV/SA members who undertake accredited CPD activities have the points from those activities automatically uploaded into their CPD member record. The record provides a breakdown of those points across the above criteria, as well as providing a total for the renewal period. THE CPD POINT REQUIREMENT IS PRO-RATED FOR OPTOMETRISTS WHO HAVE GRADUATED FROM AN OPTOMETRY DEGREE DURING THE TWO YEAR REGISTRATION PERIOD. THE PRO-RATA PERIOD IS BASED ON THE DATE AN OPTOMETRIST REGISTERED WITH THE OBA.

Members who need additional CPD points can attend any of the upcoming OV/SA CPD events. Check the Diary Dates on the back page of *Scope* for a handy summary.

Additional points can be obtained online by completing CPD modules through Optometry Australia's *Pharma* magazine or *Clinical and Experimental Optometry. Mi-Vision* also offers online CPD opportunities. The Institute of Excellence (CPD) on Optometry Australia's website includes a calendar or accredited CPD events with plenty of offerings to choose from. The calendar can be accessed at optometry.org.au/cpd-publicationsevents/

#### **CPR** refresher training

Practising optometrists are required to undergo CPR refresher training every three years. OV/SA offers a wide range of dates for CPR refresher training in Melbourne and Adelaide.

To access a list of OV/SA CPR refresher training dates visit optometry.org.au/ cpd-publications-events/ put CPR into the keyword search and select your state.

CPR refresher training is available for members only at a cost of \$65 with an evening meal and refreshments included. Members attending 'A day in November' in Adelaide can attend a breakfast CPR session which will be held prior to the clinical lectures starting.

Members can upload their most recent CPR certificate into their member portal, for easy reference and tracking of when you need to complete your next CPR refresher training.

Members can access more information about CPD requirements at optometry. org.au/cpd-publications-events/cpdrequirements/



## BOARD OF **DIRECTORS**

**Back row (L-R):** From L-R: Rowan Prendergast, Murray Smith (National Director), Allison McKendrick, Anne Weymouth (Vice-President), Timothy Lo (Treasurer), Elise Pocknee-Clem (President), Cassandra Haines, Kurt Larsen, Jason Tan (Associate Director).

The Optometry Victoria South Australia Board welcomes discussion and input from our members.

If you have an issue or point of discussion you would like to raise with the Board, please feel free to contact President Elise Pocknee-Clem directly at e.pockneeclem@optometry.org.au

Alternatively you can reach individual Board members via the Optometry Victoria South Australia office on (03) 9652 9100 or email office.vicsa@optometry.org.au



#### IMMEDIATE GRADUATES DINNER - MELBOURNE

Immediate Graduate members are invited to join us for a relaxed and fun three-course dinner and drinks in the heart of Melbourne.

- Venue: Berth Restaurant, 45 New Quay Promenade, Docklands
- Date: Monday 21 October, 2019
- **Time:** 7:00pm-9:00pm
- **Cost:** Free to OV/SA members. Registration is essential.

#### CPR REFRESHER TRAINING - MELBOURNE AND ADELAIDE

A range of dates are available throughout November for CPR refresher training in both Melbourne and Adelaide.

- Date: For a list of dates visit optometry.org.au click on Institute of Excellence (CPD) and use the search function to search for CPR, selecting your state.
- **Cost:** \$65 (members only)

#### OV/SA'S REGIONAL SEMINARS: 'CAN I TREAT THIS PATIENT?'

Through this seminar guest presenter Richard Lenne will deliver a case-based presentation providing members with an update on the range of therapeutic treatments available to optometrists, and when to use them. Participants will receive 6T CPD points (with assessment).

#### Seminars will be held in Warrnambool, Traralgon and Port Lincoln. For details see page 3. Registration is essential.

#### BLUE SKY CONGRESS PRESENTS: A DAY IN NOVEMBER – ADELAIDE

This full-day mini-conference with a clinical theme of anterior eye, will provide participants with up to 18T CPD points. The conference theme is 'Follow the yellow brick road' and delegates are encouraged to dress-up and enjoy!

- Venue: Adelaide Pullman Hotel, 16 Hindmarsh Square,
- Date: Sunday 17 November
- Time: 10am 5:30pm (optional breakfast CPR refresher training between 7am-9:30am)
- Cost: \$200 OV/SA members \$350 non-members \$65 additional fee for CPR refresher training (members only). Registration is essential.

#### MELBOURNE METRO SEMINAR - MELBOURNE

The theme of this seminar is anterior eye, and guest presenters are Dr Laura Downie and Tim Martin. Participants will receive 6T CPD points (with assessment).

- Venue: Melbourne Museum, 11 Nicholson Street, Carlton
- Date: Monday 18 November
- Time: 5:30pm 8:30pm (drinks and canapes provided from 5:30-6:30pm)
- **Cost:** Free to Optometry Victoria members. Registration is essential.

#### For more information on any of the above events or to register online visit: www.optometry.org.au/cpd-publications-events/



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