

LEARNING OBJECTIVES & PRESENTER BIO – WAVE 2020 – 21ST & 22ND MARCH 2020

SATURDAY AM

Workshop 4 Liz Jackson

Presentation Title: The ABC's of Binocular Vision (non strabismus) for the Busy Optometrist

Summary Do you feel confident with performing and interpreting binocular vision and accommodation tests? Children and adults regularly present with symptoms of binocular vision and accommodation dysfunction and optometrists are ideally placed to assess, diagnose and manage these issues. This workshop aims to revise and explore the indications for these tests, how to do them and what to do with the results.

Learning Objectives

- 1. To revise the symptoms of binocular vision and accommodative dysfunction
- 2. To detail the tests of accommodation and vergence that can easily be undertaken by every optometrist
- 3. To develop a framework for diagnosis and management

Repeats x 4 from 8.30 - 9.30am / 9.30 - 10.30am / 11.05 - 12.05pm & 12.05 -1.05pm

SAT 3.00pm – 3.30pm Liz Jackson

Presentation Title: Managing High Plus in Kids

Summary: So you diagnose high hyperopia in a child.....how much plus do you give? What other factors should you take in to account? This talk will detail the options for managing high hyperopes and the role that accommodation, vergence and anisometropia play in determining the most suitable management.

Learning Objectives

- 1. To understand the various techniques for determining refractive error in high hyperopes
- 2. To understand how accommodation and vergence can impact on prescribing
- 3. To understand the options for managing anisometropia in high hyperopes

LIZ JACKSON

LIZ JACKSON graduated from the University of Melbourne with a Bachelor of Optometry degree in 1995. She has worked in a number of independent optometry practices in Melbourne, Adelaide and Sydney. In 2006 she opened her own practice, Visual Potential Optometrists. Her practice is currently



located in Rosebery where she has a largely paediatric patient base. Liz was a supervisor in the paediatric/vision therapy clinic at the UNSW for 10 years and has also served as a council member for Optometry NSW/ACT. Liz has a special interest in learning related vision issues, strabismus and special needs populations. She is a fellow of ACBO and has lectured extensively to optometrists.