

## Writing a learning plan or CPD portfolio

Did you know that all registered optometrists need to write a learning plan, also known as a portfolio, at the start of every registration year?

Prior to undertaking CPD activities, you should identify and plan your own learning needs and the type of CPD activities to undertake, in order to meet those needs. For example, many identified learning needs may be met by a postgraduate course, while alternatively a single learning need may be met by multiple CPD activities.

### Learning plan example

**Tip: Please include a minimum of five learning needs**

<b>CPD identified</b> <b>This is the CPD you have identified for your own practice as an optometrist (i.e. areas needing improvement or development)</b>	<b>Planned CPD activities to meet the identified need</b> <b>List the activities you are aware of that could help meet the identified areas.</b>
1. To become competent in the application and use of an OCT.	Attend lecture presentation on OCT.  Attend congress workshop on OCT.  Completion of the training package provided by the equipment supplier.  Reading a journal article/s on OCT.
2. Increase my understanding of treating dry eyes therapeutically.	Attend programmed webinar session.