

CANBERRA CONFERENCE

Ocular disease management: Taking your practice to a new level

Sunday 3rd March 2024 | National Gallery of Australia

- Has your ocular therapeutics practice hit a ceiling?
- Keen to manage more ocular pathology rather than referring?
- Unsure about when to refer certain conditions?
- And how do you make this kind of practice profitable?

Delivered face-to-face by some of Australia's leaders in ocular disease management, this unmissable conference will equip you with the expertise to broaden your skill set and the confidence to grow your ocular disease practice.

Sponsored by

CSL Seqirus



Good Optical Services

Program

Time	Presentation	Speakers
8.30am	Registration & Breakfast	
Session 1: Monitoring and referral of chronic eye disease		
9.00am	Introduction	Paula Katalinic
9.10am	What's new in ocular imaging and what equipment do I really need?	Sophia Zhang
9.25am	AMD Roadmap: A practical approach to monitoring and referral	Meri Galoyan
9.55am	Imaging in glaucoma management	Henrietta Wang
10.25am	Strategies for monitoring diabetic retinopathy	Sophia Zhang
10.55am	Morning Tea	
Session 2: Prescribing pearls and collaborative care		
11.15am	Pearls and pitfalls of prescribing for anterior ocular pathology	Mark Koszek
11.40am	Initiating glaucoma prescribing	Henrietta Wang
12.00pm	A practical approach to inter-professional shared care	Rajeev Naidu
12.20pm	Understanding professional risk in ocular pathology practice	Luke Arundel
12.40pm	Skills Showcase: Gonioscopy tips and tricks	Henrietta Wang & Sophia Zhang
1.00pm	Lunch	
Session 3: The business of ocular pathology		
2.00pm	Making ocular pathology practice profitable	Mark Koszek
2.20pm	Panel: Practical and business elements of managing eye disease in practice	Chair: Audrey Molloy Panel: Mark Koszek, Tony Ireland, Andrew McKinnon
Session 4: Interactive case studies		
3.00pm	Interactive case studies: Managing ocular disease in practice	Sophia Zhang Henrietta Wang Meri Galoyan Rajeev Naidu
4.00pm	Finish	

Speakers



Henrietta Wang

Henrietta is Lead Clinician (Glaucoma and Optic Nerve Disease) at the Centre for Eye Health (UNSW). In addition to her extensive clinical and teaching experience, she has authored numerous peer-reviewed research publications in the areas of ocular disease, optometric education and collaborative care models, as well as invited industry articles. She became a Fellow of the American Academy of Optometry in 2019 and has been regularly invited as a speaker at both national and international conferences. She received numerous clinical and academic awards during her undergraduate optometry degree, including a research scholarship for her work in the Retinal Networks Laboratory.



Mark Koszek

Mark graduated from UNSW Sydney in 1996 and completed his Masters of Optometry in 2002 and his Graduate Certificate of Ocular Therapeutics in 2012. Mark is a founding partner and the professional education officer of EyeQ Optometrists, which has 25 practices Australia wide. Mark has an interest in specialty contact lenses, dry eye, ocular diseases and behavioural optometry. He has lectured extensively throughout Australia and the Asia Pacific on contact lenses and dry eye. He is a Board member of the New South Wales Cornea and Contact Lens Society and is a guest lecturer at UNSW and the Australian College of Optometry.



Sophia Zhang

Sophia is a senior staff optometrist at the Centre for Eye Health, and an Associate Lecturer with the School of Optometry and Vision Science at the University of New South Wales. Her interests lie in the early detection of ocular disease, specifically in the areas of glaucoma/neuro-ophthalmology and macula disease. In addition to the provision of clinical services, Sophia is also focused on clinical education through coordination of the undergraduate optometry placement program, undergraduate courses at UNSW and through the authoring of professional development resources at the Centre for Eye Health.



Meri Galoyan

Meri is a senior staff optometrist and Macula Disease Knowledge Lead at the Centre as well as an Associate lecturer at the School of Optometry UNSW. During her time at the Centre, she has developed a specific interest in macula disease diagnosis and management. She is actively involved in clinical services, student supervision and teaching. She enjoys being involved in numerous webinars both within the Centre's education programs and nationally. Meri has authored written contributions for various optometric publications.



Tony Ireland

Tony graduated from UNSW in 1999 and completed his Master of Optometry in 2008. He first completed the ocular therapeutics course in 2005, after moving to a town that had no ophthalmologist. Tony has practices in Ulladulla, Batemans Bay and Gungahlin. These practices form a small independent group called Evolve Optometry. Tony believes in full-scope practice, and Evolve Optometry offers a wide range of services including Behavioural Optometry, dry eye and ocular disease management, and complex contact lens fitting.

Speakers



Rajeev Naidu

Rajeev is an Ophthalmology Registrar in the Sydney Eye Hospital Network; as well as an optometrist, with over 10 years of experience in clinical optometry. Having graduated Optometry from UNSW, Dr Naidu went on to complete his Medical degree at the University of Sydney. He continues to practice optometry within NSW and has a particular interest in paediatric optometry. He has published several peer-reviewed articles in International journals in the areas of myopia control and refractive surgical treatments for high myopia. He was the Founding President of the Young Optometrists NSW/ACT and remains active in teaching across both Optometry and Medicine



Luke Arundel

Luke graduated with Honours in Optometry from QUT in 1998 and has worked extensively in Australia and Ireland. He is currently the Chief Clinical Officer for Optometry Australia and provides professional services to members in audits, investigations and medico-legal matters. His professional interests include keratoconus, post-graft and scleral lens fitting, dry eye, ortho-k and paediatric contact lenses. He has worked in specialty contact lens practices in Brisbane and Melbourne as well as in the contact lens manufacturing field. He also has experience in the public health and education sectors.



Audrey Molloy

Audrey practised optometry in Ireland in corporate and private settings before moving to Australia in 1998. She completed post-graduate studies in Advanced Contact Lenses and Ocular Therapeutics at UNSW while working in private practice where she developed a special interest in dry eye and corneal disease. She worked for Vision Eye Institute, a group ophthalmology practice, for 15 years. Audrey acquired a Diploma in Marketing in 2005 and a Diploma in Editing & Publishing in 2014. She completed ocular therapeutics at ACO in 2018. She has worked for Optometry NSW/ACT in the role of Strategic Communications and Member Liaison since 2017.



Andrew McKinnon

Andrew has been CEO of Optometry NSW/ACT for over 20 years. He graduated with a Business Degree (UTS) in 1986 and since added an MBA and Graduate Certificate in Employment Law. He is passionate about supporting optometrists throughout their careers.



Paula Katalinic

Paula is the Professional Services and Advocacy Manager at Optometry NSW/ACT where she has been part of the team since 2004. Paula graduated from UNSW Optometry in 1999 and subsequently completed a Certificate in Ocular Therapeutics in 2008 and MOptom in 2010. She developed a strong interest in diabetic eye disease whilst working at Joslin Diabetes Center's Beetham Eye Institute in Boston for nearly four years. From 2009 until 2021, she was a principal optometrist and lead clinician at the Centre for Eye Health. Other roles have included staff optometrist at UNSW and working in rural and urban practices. She has a keen interest in optometric education and has presented at numerous conferences and educational events as well as participating in clinical research.

Topic Outlines

Session 1: Monitoring and referral of chronic eye disease



Introduction and overview of ocular disease in practice

Paula Katalinic



What's new in ocular imaging and what equipment do I really need?

Sophia Zhang

Ocular imaging has revolutionized disease diagnosis and management in the ophthalmic field. With the plethora of new imaging technologies, what do you really need in your practice?



AMD Roadmap: A practical approach to monitoring and referral

Meri Galoyan

Covering essential clinical tips for monitoring your patients with age-related macular degeneration (AMD), Meri will explore the importance of multimodal imaging and highlight strategies for progression analysis. Learn to recognise the telltale signs that warrant referral, the importance of patient education regarding risk factors and supplements, where to find resources to supplement your clinical care.



Imaging in glaucoma management

Henrietta Wang

With increasing availability of emerging technologies in optometric practice, imaging modalities such as optical coherence tomography (OCT) and colour fundus photography now play a pivotal part in guiding glaucoma management. Henrietta will discuss the role of imaging in glaucoma management from interpretation of results to more practical considerations such as navigating artefacts and the value of longitudinal data.



Strategies for monitoring diabetic retinopathy

Sophia Zhang

Diabetes can lead to vision-threatening ocular manifestations including diabetic macular oedema and proliferative disease. Sophia will explore how advanced imaging techniques such as OCT, widefield imaging and OCT angiography can play crucial roles in the clinical detection of diabetic retinopathy and subsequent decision-making.

Topic Outlines

Session 2: Prescribing pearls and collaborative care



Pearls and pitfalls of prescribing for anterior ocular pathology

Mark Koszek

Prescribing for anterior ocular pathology can be anxiety-inducing, especially if just starting out or when managing more complex cases. Tapping into his extensive experience, Mark will share some key prescribing do's and don'ts as well as strategies to build your confidence and treatment experience.



Initiating glaucoma prescribing

Henrietta Wang

While topical bottled eye drops have traditionally been the mainstay of glaucoma treatment, in more recent years there has been a shift towards alternatives such as selective laser trabeculoplasty (SLT) and preservative-free options. Henrietta will provide a stepwise evidence-based framework to guide therapeutic management of your glaucoma patients.



A practical approach to inter-professional shared care

Rajeev Naidu

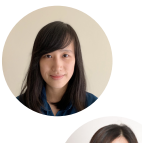
Through having both optometry and ophthalmology perspectives, Rajeev will share his experience of shared care and collaboration with other health professionals, and share practical advice to optimise patient outcomes. Discover the ways to best communicate with GPs, ophthalmologists and other optometrists and expand your knowledge of referral pathways in a range of geographic and demographic settings.



Understanding professional risk in ocular pathology practice

Luke Arundel

Keen to expand your therapeutic practice but nervous about medicolegal exposure? Luke will draw on his extensive experience in OA member support to highlight professional indemnity insurance considerations and the importance of appropriate follow-up. He will share a practical protocol for following up urgent, emergency and non-emergency patients with a high risk of vision loss, including tips for locum work and group practice.



Finding the right angle: tips and tricks for gonioscopy

Henrietta Wang & Sophia Zhang



Gonioscopy can be a daunting procedure that is initially difficult to master. Henrietta and Sophia will cover the practical aspects of gonioscopy ranging from goniolens selection and recording results to more complex techniques such as lens tilt and indentation.

Topic Outlines

Session 3: The business of ocular pathology



Making ocular pathology practice profitable

Mark Koszek

Diagnosing and managing ocular diseases is clearly important, but knowing how to run a profitable practice is a whole other skillset. A thought leader in this field, Mark will draw on his considerable practice-management experience to explore billing models, equipment acquisition, building efficiencies, and a whole-practice approach to sales and marketing.



Panel: Practical & business elements of managing eye disease in practice

Chair: Audrey Molloy Panel: Mark Koszek, Tony Ireland, Andrew McKinnon

Is ocular pathology practice feasible using a Medicare bulk-billing model? What are the considerations in transitioning to a hybrid or private billing model? How can you make ocular therapy more affordable for your patient? Building on the previous talk, this panel will discuss the rewards of full scope optometry, how ocular disease management can be a practice builder, and answer audience questions.

Session 4: Interactive Case Studies



Interactive case studies: Managing ocular disease in practice

Sophia Zhang, Henrietta Wang, Meri Galoyan, Rajeev Naidu

Apply your conference learnings and consolidate your knowledge in this interactive discussion of real-world case studies led by subject-matter experts.





Make a weekend of it

Canberra's Enlighten Festival Illuminations light up the cityscape from 1-11 March, making the Optometry NSW/ACT Canberra Conference the perfect opportunity to take a few days off and spend a long weekend in Canberra. You can find out more about the Festival [HERE](#). Grab your friend, partner or family and book your accommodation now to ensure the best deals!

Have a drink on us

Join us for a social event and catch up with you colleagues from 4.30-6.30pm on Saturday 2nd of March at the [Kingston Hotel](#), 73 Canberra Ave, Canberra.

Art gallery tour during lunch break

Join us for a tailored art tour of the NGA during your lunch break at the conference. To attend, please indicate your interest at the time of registering for the conference. *Included in registration fee but numbers are limited.*

Other activities in Canberra

[National Gallery of Australia](#)
[National Portrait Gallery](#)
[Questacon](#)
[Royal Australian Mint](#)
[Australian Institute of Sport](#)
[National Museum of Australia](#)
[Parliament House](#)
[National Arboretum](#)



Location

National Gallery of Australia (Gandel Hall, enter via the garden with the grass pyramid)
Parkes Place, Parkes, Canberra

Parking

Underground paid parking (\$5 flat weekend rate at the time of publication) is available via Parkes Place off King Edward Terrace and there is also an above-ground car park off Bowen Drive.

Pricing

OA members

Early bird: until Friday 15th December 2023 \$235
Standard rate: from 16th December 2023 to 16th February 2024 \$285

Optometry Students

Standard rate (limited numbers): until 16th February 2024 \$50
Students, don't have your OA member number yet? [Join here](#) (free for students)

REGISTER HERE

Contact us



vision@oaansw.com.au



(02) 9712 2199



[Optometry NSW/ACT website](#)