



CANBERRA CONFERENCE

Growing Your Occupational Optometry Skill Set

National Gallery of Australia

Sunday 27th February 2022

Unsure about the driving standards? Lacking confidence in prescribing occupational glasses?
Confused about the best advice for patients who are working from home?

Designed and delivered face-to-face by some of Australia's leading experts in the field, including Jennifer Long, Sharon Oberstein, Vanessa Honson, Thao and Grant Hannaford and Phil Anderton, this unmissable conference will equip you with the expertise to broaden your skill set and the confidence to grow your practise of occupational optometry.

Take advantage of Early Bird pricing until Friday, 10th December

Speakers



Jennifer Long

Jennifer is an optometrist, Certified Professional Ergonomist and a Certified Generalist Occupational Health and Safety Professional. Her expertise is related to vision and digital displays, lighting and glare. Based in Katoomba NSW, Dr Long works as a visual ergonomics consultant for workplaces. She completed her PhD on *Work-related musculoskeletal discomfort and injuries in Australian optometrists* in 2012. Jennifer is also a Conjoint Senior Lecturer at UNSW, where she has been teaching Environmental Vision to undergraduate optometry and vision science students for 15 years.



Sharon Oberstein

Sharon is senior lecturer, convenor of the Graduate Diploma in Orientation and Mobility and Deputy Clinic Director of the UNSW Optometry Clinic. Dr Oberstein qualified as an optometrist in South Africa (Cum laude), graduated with PhD at UNSW Sydney and achieved senior fellowship of the Higher Education Academy (UK). Sharon was awarded the Menzies Research Scholarship in Allied Health Sciences in 2015 for her work on driving with central visual impairment and bioptic telescopes. Advanced skills in low vision have led to invitations to lecture at optometric and multi-disciplinary conferences and contribute to rehabilitation planning committees.



Grant Hannaford

Grant is a physicist and ophthalmic lens designer and began his career as a dispensing optician. He is the co-founder and director of the Academy of Advanced Ophthalmic Optics and owns a private practice in Bowral NSW. Grant is an adjunct senior lecturer at the School of Optometry and Vision Science UNSW. He is currently a doctoral candidate at the School of Optometry Aston University UK researching ocular biometry and development.



Vanessa Honson

Vanessa graduated in optometry from UNSW and has worked in both independent and corporate practices throughout the Sydney and Illawarra regions. Dr Honson returned to the School of Optometry and Vision Science in 2010 where she has since obtained her doctorate degree for research delving into colour vision detection to guide visual behaviour. She currently oversees the Colour Vision Clinic and lectures to both undergraduate and postgraduate students.

Speakers (continued)



Thao Hannaford

Thao is an optometrist and owns a private practice in Bowral NSW. She is the co-founder and director of the Academy of Advanced Ophthalmic Optics and is currently a director on the Optometry NSW/ACT board. Thao is a doctoral candidate at the School of Optometry Aston University UK and her clinical interests are in ocular biometry, sports vision and developing best optometric practice guidelines.



Phil Anderton

Phil graduated with Bachelor of Optometry and Bachelor of Science from UNSW in 1970 and 1971. His Master of Science research at the University of Melbourne (1975) analysed the practical effects of Contour Interaction on Road Sign legibility, demonstrating an optimal design for the Metric Speed Restriction sign. He has been a private pilot since 1976 and in 2010 built his own aircraft for transport to outreach clinics in remote NSW. Currently an Associate Professor, Phil was an Academic at UNSW from 1978 to 2005.

Program

Time	Presentation	Speaker/s
8.30am	Registration	
Session 1	Understanding the challenges of occupational optometry	
9:00am	Introduction: Occupational Optometry? The why and the how	Jennifer Long
9:05am	The visual ergonomics of working from home	Jennifer Long
9:40am	Navigating the vision driving standards	Sharon Oberstein
10:10am	Confused by confusion lines? Colour vision MythBusters	Vanessa Honson
10:35am	Morning Tea	
Session 2	Occupational optometry practical skill set	
11:00am	When one pair isn't enough: task glasses for the workplace and hobbies	Jennifer Long
11:30am	Borderline cases: what to do when your patient doesn't meet the vision driving standard	Sharon Oberstein
12:00pm	Snookered: avoiding pitfalls of prescribing sports and hobbies glasses	Thao Hannaford
12:30pm	It's not black and white: colour vision testing in practice	Vanessa Honson
1:00pm	Lunch and Gallery Tour	
Session 3	The business of occupational optometry	
2:30pm	KISS guide to prescribing occupational lenses	Grant Hannaford
2:50pm	Sky's the limit: aviation optometry	Phil Anderton
3:20pm	The business of occupational optometry	Thao and Grant Hannaford
4:00pm	Q&A session – facilitated by Jennifer Long	All speakers
4:30pm	Finish	

Topic Outlines



Introduction: Occupational Optometry? The why and the how

Jennifer Long

In this short introductory session, Jennifer will provide an overview of occupational optometry and its importance to contemporary practice.



The visual ergonomics of working from home

Jennifer Long

Working from home was a dream-come-true for many people – until they started to experience physical and visual discomfort from long hours staring at their digital devices in their bedrooms, kitchens and loungerooms. In this presentation, Jennifer will discuss the current visual ergonomics recommendations for display use, and how these can be applied to a working-from-home environment.



Navigating the vision driving standards

Sharon Oberstein

Driving standards are convoluted and can be difficult to navigate. In this presentation, Sharon will review the current driving standards in NSW and the ACT, with a primary focus on private licensure. This will include how to accurately assess visual acuity and the visual field for driving, such as how to perform and interpret the Esterman Visual field test (or equivalent).



Confused by confusion lines? Colour vision MythBusters

Vanessa Honson

In this back-to-basics review of colour vision deficiencies, Vanessa will discuss interpretation of colour vision test results and alleviate common misconceptions. Advice on colour vision lenses and where they may work will be provided.



When one pair isn't enough: task glasses for the workplace and hobbies

Jennifer Long

“You have different shoes for sport, going out and for work. You also need different glasses for different tasks.” How often have you heard this stated as a rationale for task-specific spectacles? This presentation will explore circumstances where task glasses are beneficial, the implications for visual comfort, ability and safety, as well as accurate prescribing.



Borderline cases: what to do when your patient doesn't meet the vision driving standard

Sharon Oberstein

This presentation will explore conditional driving licensure, recommendations for restricted licences, how to discuss failed results with a patient, and the responsibilities of an optometrist in NSW and the ACT regarding driving and vision.

Topic Outlines (continued)



Snookered: avoiding pitfalls when prescribing sports and hobbies glasses

Thao Hannaford

Sports and hobbies play an important role in the wellbeing of our patients, with many activities posing specific visual challenges. During this presentation, Thao will discuss the visual needs of various sports and hobbies and provide clear guidance on clinical techniques to effectively prescribe visual solutions for these activities.



It's not black and white: colour vision testing in practice

Vanessa Honson

Colour vision deficiencies impact people in a range of occupations and educational settings. Discover why to offer expanded colour vision in your practice, who to target, and when to refer. What equipment and practical skills do you need? Vanessa will also provide tips on speaking the language of colour to someone with a colour deficiency.



KISS guide to prescribing occupational lenses

Grant Hannaford

During this presentation, Grant will provide tips on prescribing occupational lenses in a range of visually complex work environments, such as dentistry, surgery and industry. Novel applications of lens designs will be discussed.



Sky's the limit: aviation optometry

Phil Anderton

Pilots are faced with a complex visual environment. During this talk, experienced pilot and optometrist Phil Anderton will describe the unique visual challenges of flying. He will discuss the visual ergonomics inside the aircraft and outline the CASA standards and legal structure of the Aviation industry as it relates to optometrists.



The business of occupational optometry

Thao Hannaford and Grant Hannaford

Occupational optometry presents an opportunity to grow practice scope for both business owners and employees. Thao and Grant will describe the breadth of opportunity in occupational optometry and discuss how to incorporate clinical techniques and solutions into your practice, how to develop relationships with industries, and provide tips on marketing for practice growth.



Q&A Session

Jennifer Long (facilitator), Sharon Oberstein, Vanessa Honson, Thao Hannaford, Grant Hannaford, Phil Anderton



This session provides an opportunity to ask your burning questions and gain the unique insights from the highly experienced and passionate presenters of Canberra Conference 2022.



Location

National Gallery of Australia (Gandel Hall, enter via garden)
Parkes Place, Parkes, Canberra

Parking

FREE on weekends. Underground parking is available via Parkes Place off King Edward Terrace and there is also an above ground car park off Bowen Drive.

Pricing

[Click Icon to Register](#)

OA members

Early bird: before 5pm AEDT, Friday 10th December 2021 \$195
Standard rate: from 11th December 2021 to 11th February 2022 \$235



Non-OA members

Early bird: before 5pm AEDT, Friday 10th December 2021 \$335
Standard rate: from 11th December 2021 to 11th February 2022 \$375



Optometry Students

Standard rate (limited numbers): to 11th February 2022 \$50
Don't have an OA member number? Email Nicole Smart at nicole@oaansw.com.au



Contact us



vision@oaansw.com.au



(02) 9712 2199



www.optometry.org.au/about-us/our-organisation/optometry-nsw-act/