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# Super Sunday 2025

**29 June 2025**

**International Convention Centre**

Darling Harbour, Sydney

**[REGISTER HERE](#)**



In collaboration with



\*NZAO members: 9 credits (Optometrist - General)



# Welcome

Super Sunday 2025

## **Don't miss the highlight of the optometry calendar in NSW - the 13th Super Sunday Conference on 29 June 2025 at the International Convention Centre, Darling Harbour.**

This year's conference, held concurrently with ODMAFair, has a stellar line up of renowned and engaging speakers who will provide clinically-relevant and up-to-the-minute education that you can take back to practice the very next day. Super Sunday 2025 offers up to 9 hours of CPD and incorporates a longer morning tea and lunch break to allow you to take full advantage of the trade floor and network with colleagues. And registration fees are lower than ever!



**ODMAFair25** showcases the latest offerings for the optical industry in lenses, frames, sunglasses, equipment and accessories. A vibrant trade fair that is free for visitors to attend and features product and service displays, demonstrations, networking spaces, fashion-focussed presentations and more. Attendees will have the opportunity to explore, engage and experience a diverse range of products from leading brands and emerging industry leaders.

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# Program

Super Sunday 2025

Time	Topics
7.30am	Registration & Breakfast
<b>Session 1 - What's new in optometry?</b>	
8.00am	President's Welcome
8.10am	Glaucoma innovations - what's new for optometrists? (Jack Phu)
9.00am	Myopia mastery: Latest insights (Kate Gifford)
9.35am	Be more than OK with OrthoK: What's new and where do I start? (Celia Bloxsom)
10.20am	Morning Tea at ODMA Trade Fair
<b>Session 2 - Interactive cases - Myopia and AMD</b>	
11.00am	Complex cases in myopia management (Kate Gifford)
12.00pm	AMD - the optometrist's role in 2025 (Michael Chilov)
12.30pm	Lunch at ODMA Trade Fair
<b>Session 3 - How to be a happier practitioner</b>	
1.45pm	PANEL: Thriving in optometry: broadening your horizons <i>Chair: Sarah Davies</i>
2.25pm	Using your optometry for good (Marc Eskander)
2.45pm	PANEL: Sleep easy: best practice informed consent and follow up <i>Chair: Paula Katalinic; Panellists: Andrew McKinnon, Audrey Molloy, Rebecca Tobias</i>
3.30pm	Distinguished Service Award
3.40pm	Afternoon tea
<b>Session 4 - Interactive cases: Management of anterior eye conditions</b>	
4.00pm	Case 1: Post-graft management (Tanya Trinh)
4.30pm	Case 2: Recurrent corneal erosion (Heidi Hunter)
5.00pm	Case 3: Therapeutic treatment of dry eye (Celia Bloxsom)
5.30pm	Finish

## KEYNOTE SPEAKER



### Kate Gifford

Dr Kate Gifford is an internationally renowned clinician-scientist optometrist, Visiting Research Fellow at Queensland University of Technology, and co-founder of Myopia Profile, the world-leading educational platform for childhood myopia management. Kate holds a PhD in contact lenses and binocular vision in myopia, four professional fellowships, 100+ publications and has given almost 250 lectures internationally. She is Chair of the International Myopia Institute Clinical Management Guidelines committee. Kate has won multiple honours including QUT Young Alumnus of the Year, BCLA President's Award for Excellence and the GSLS Rising Star Award. After running her paediatric, contact lens and myopia practice in Brisbane for 13 years, Kate moved into full-time peer education through Myopia Profile in 2020.



### Jack Phu

Dr Jack Phu is a clinician scientist, with an honorary lectureship at the School of Optometry and Vision Science, University of New South Wales. His clinical, research and teaching duties are devoted to the understanding, diagnosis and management of glaucoma and retinal disease. His work has been published extensively and has been supported by national competitive grant funding.



### Celia Bloxsom

Celia Bloxsom is the principal optometrist and owner of Eyeconic Optometry, Southport. After graduating with first-class honours from QUT in 2000 along with the Don Noack prize for contact lens studies, Celia worked in a Brisbane CBD practice alongside contact lens educator and designer John Mountford for five years. It was through his mentorship that Celia found her affinity for contact lenses and began fitting lenses for all types, including lenses for keratoconus, corneal grafts and orthokeratology. She became the Secretary for the Orthokeratology Society of Oceania in 2003 and through the society, Celia has been heavily involved in coordinating and lecturing at international conferences, providing continuing education for fellow optometrists. In addition, Celia has been a guest lecturer and supervising clinician at QUT's School of Optometry from 2000–2020 and along with her fellow contact lens supervisors was jointly awarded the QUT Vice Chancellor's Award for Excellence in Learning and Teaching in both 2010 and 2013.



### Michael Chilov

Dr Michael Chilov is an ophthalmologist with subspecialty interests in cataract surgery and retinal/macular conditions. His ophthalmology training was in Sydney, with advanced retinal fellowship and surgical training in the UK. Michael has been involved in a number of clinical trials investigating new treatments for retinal disease. He holds public teaching hospital consultant positions at Sydney Eye and Concord Hospitals as well as working in private practice in Sydney.



### Marc Eskander

Marc is an optometrist with 10 years of experience across a range of optometry practices including the not-for-profit sector with Brien Holden Foundation and Sight For All. He began postgraduate medical studies at the University of Notre Dame in 2023. Having run an outdoor psychology and counselling service in the past, Marc has a deep interest in making healthcare accessible. He has been involved in education missions in Myanmar, training staff in essential eye screening skills, various medical missions with local organisations in Cambodia and the Philippines providing eye checks and glasses, and fundraising for a medical and ophthalmology clinic in South Sudan.





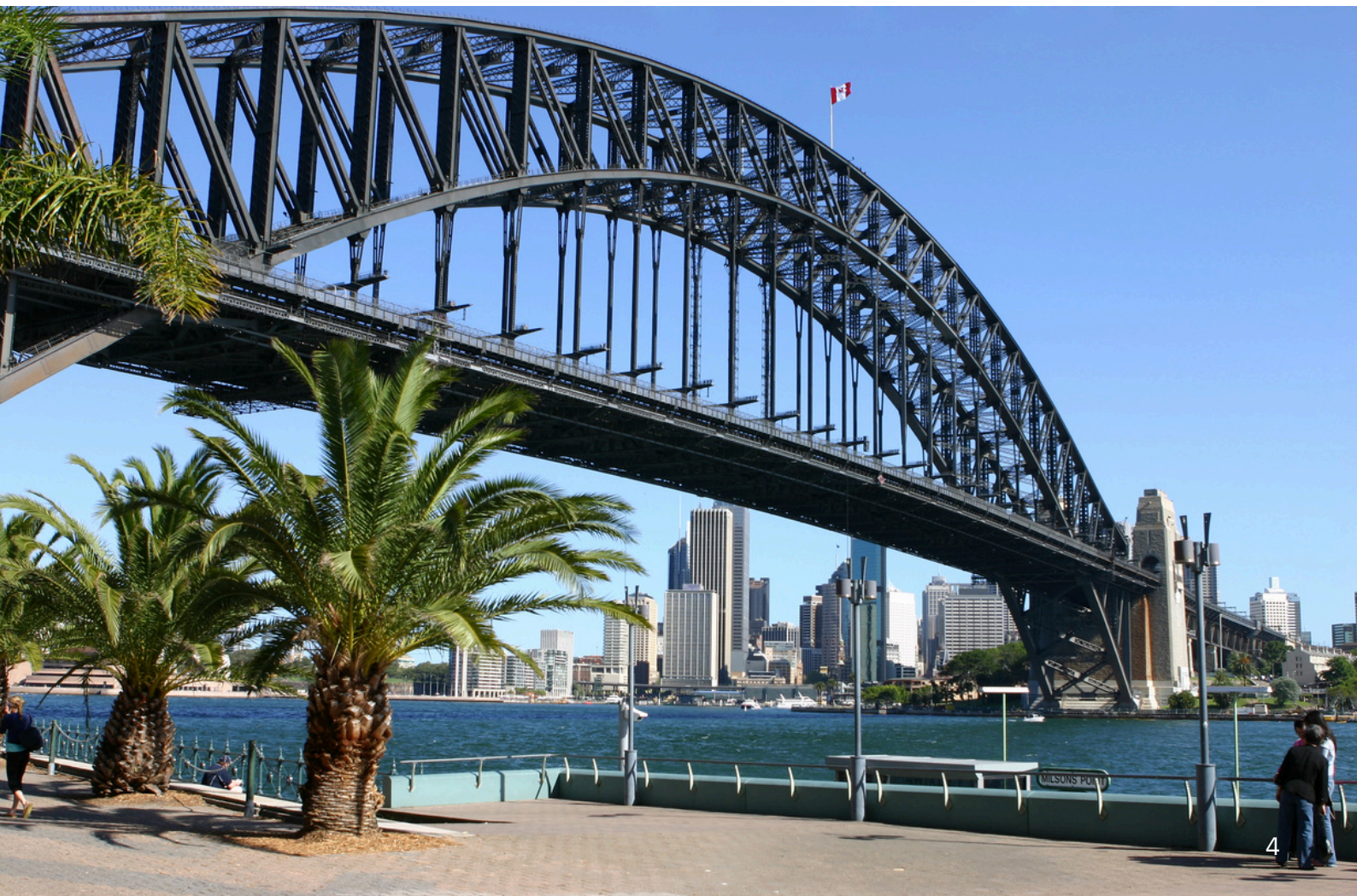
## Tanya Trinh

Dr Tanya Trinh is a triple fellowship trained ophthalmologist specialising in refractive surgery, cornea and cataract. Following completion of her RANZCO ophthalmology specialist training, she undertook a two-year fellowship at the world-renowned Cornea, External Diseases and Refractive Surgery fellowship at the University of Toronto, Canada, developing extensive expertise in corneal transplantation, pterygium surgery, ocular surface regeneration, complex anterior segment surgery and refractive surgery including LASIK, PRK, LALEX and advanced keratoconus treatment. Dr Trinh then undertook a research fellowship in laser cataract surgery, corneal transplantation, dry eye treatments and ocular surface disease. She is the first Australian female surgeon to become a fellow of the World College of Refractive Surgery and Vision Sciences and completed a fellowship in P.E.R.F.E.C.T. for Pterygium under Professor Lawrie Hirst in 2024. She has published over 50 scientific journal articles in national and international journals, written book chapters on advanced corneal transplantation techniques and ocular surface disease and is a regular presenter on the national and international conference circuits. She is the Co-Director of the Australian Keratoprosthesis Service and sits on the RANZCO Executive Committee for Women in Ophthalmology.



## Heidi Hunter

Heidi is a principal optometrist at an independent full scope practice in Newcastle and the current President of Optometry NSW/ACT. She graduated in 2000 and completed ocular therapeutics training in 2011. Working with a corneal ophthalmologist and in a refractive surgery clinic sparked her interest in orthokeratology and specialty contact lens fitting for ocular disease. Heidi is a clinical supervisor at UNSW, a guest lecturer at Newcastle University, a writer for Mivision and OA Contact Lenses, an optometric speaker on ABC radio, and a mentor to optometry students on clinical placements.



# Panellists

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Super Sunday 2025



## Sarah Davies

Sarah Davies has over a decade of experience in systemic policy design and advocacy campaign development in peak bodies across the eye health and vision care sector, including Optometry Australia and Vision 2020 Australia. She is currently the Director of Optometry Advancement for Optometry Australia, leading her team to realise strategic priorities which work towards a robust future for optometry, optometrists and community eye health. Sarah seeks to leverage innovation in the delivery of healthcare, aiming to enable access to quality, sustainable health care for all.

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## Joshua Clark

Joshua graduated with a Bachelor of Optometry (Hons) from UNSW in 2008 and subsequently undertook a Graduate Certificate in Ocular Therapeutics. Joshua has worked in a range of different practice settings and has a passion for improving patient outcomes and positively impacting their lifestyle. Josh has spoken extensively around Australia and New Zealand on contact lenses, dry eye management and new innovations in optometry. He has also participated in many Indigenous eye care clinics around the Northern Territory.

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## Alison Abdullah

Alison graduated with a Bachelor of Science (Hons) and a Bachelor of Optometry from UNSW in 2017. Since graduation, Alison has worked in Manhattan, New York, alongside Ophthalmologists on the Upper East Side, specializing in contact lens fittings, binocular vision disorders, refractive and cataract surgery, oculoplastic assessments, glaucoma treatment & management, and diabetic eye disease management, in addition to general optometry. Alison brings her optometric expertise, as well as New York eyewear fashion inspirations to her own independent practice, Lens Avenue, and has recently co-founded Dermii, a dry-eye focused direct-to-consumer startup.

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## Mitasha Yu

Mitasha Yu is a public health expert with two decades of experience spanning public health eye care, international development, and optometry. Currently serving at the World Health Organization's Vision and Eye Care programme, Mitasha develops technical tools and leads workforce initiatives, including the Eye Care Competency Framework. She provides technical guidance to inform policies and plays a key role in advancing the SPECS 2030 initiative globally. Additionally, as Co-Chair of the Climate Action Working Group at the International Agency for the Prevention of Blindness, she advocates for the intersection of climate change and eye health, driving awareness and engagement across the sector. Mitasha's academic foundation includes a Bachelor of Optometry and a Master of Public Health from the University of New South Wales, Australia.

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## Lindsay Moore

Lindsay is a Senior Staff Optometrist at Centre for Eye Health and a Project Manager at Consultmed. Lindsay developed a passion for improving processes that enhance patient care and optimise the experience for both patients and optometrists. In her role at Consultmed, she has broadened her project management expertise, overseeing the implementation of referral management technology solutions across hospitals and healthcare organisations. Lindsay has also worked as a consulting optometrist in an ophthalmology practice, presented webinars on streamlining optometry clinic practices and multidisciplinary care, and has been interviewed about how continued education through short courses has played a pivotal role in reshaping her career path.



# Panellists

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## Rebecca Tobias

Rebecca graduated from the BOptom degree at UNSW with first class honours. She subsequently also completed her graduate certificate of ocular therapeutics and MOptom at UNSW. Following graduation, Rebecca worked in full scope optometry in several private practices across Sydney. Between 2011 and 2021, Rebecca worked as a senior staff optometrist at the Centre for Eye Health. Her role included supervision and teaching of final year optometry students, research and also development of continuing education materials. Since 2022, Rebecca has worked within a private ophthalmology practice in Sydney where she is responsible for pre and post-operative cataract patient care. She joined the team at Optometry NSW/ACT in 2024.



## Paula Katalinic

Paula is the Professional Services and Advocacy Manager at Optometry NSW/ACT where she has been part of the team since 2004. Paula graduated from UNSW Optometry in 1999 and subsequently completed a Certificate in Ocular Therapeutics in 2008 and MOptom in 2010. She developed a strong interest in diabetic eye disease whilst working at Joslin Diabetes Center's Beetham Eye Institute in Boston for nearly four years. From 2009 until 2021, she was a principal optometrist and lead clinician at the Centre for Eye Health. Other roles have included staff optometrist at UNSW and working in rural and urban practices. She has a keen interest in optometric education and has presented at numerous conferences and educational events as well as participating in clinical research.



## Audrey Molloy

Audrey is an optometrist who began practising in Australia in 1998. She completed post-graduate studies in Advanced Contact Lenses and Ocular Therapeutics at UNSW while working in private practice where she developed a special interest in dry eye and corneal disease. She worked for Vision Eye Institute, a group ophthalmology practice for 15 years in a range of roles including consultant optometrist (post-laser and cataract), referrer liaison, content marketing and communications. Audrey acquired a Diploma in Marketing in 2005 and a Diploma in Editing & Publishing in 2014. She completed ocular therapeutics at ACO in 2018. She has worked for Optometry NSW/ACT in the role of Strategic Communications and Member Liaison since 2017.



## Andrew McKinnon

Andrew has been CEO of Optometry NSW/ACT for over 25 years. He graduated with a Business Degree (UTS) in 1986 and since added an MBA and Graduate Certificate in Employment Law. He is passionate about supporting optometrists throughout their careers.



## Session 1

### 8.10 AM Glaucoma innovations - what's new for optometrists?

#### **Jack Phu**

During this talk, Jack will provide an update on the latest evidence in glaucoma management relevant for optometric practice - covering topics ranging from genetics and risk factors, to diagnostic testing, and management principles. The talk will emphasise practical skills relevant for the clinical optometrist.

### 9.00 AM Myopia mastery: Latest insights

#### **Kate Gifford**

With myopia management well accepted as the standard of care in Australia, there can be a sense that we've got it all figured out. This is true, in terms of the necessity of proactive management for young patients with myopia, but what's new and on the horizon? This lecture will explore the latest research in light therapies, atropine concentrations and combinations, treatments to delay myopia onset and adult myopia. The evidence-base for translation into clinical practice will be explored, to ensure practical application.

### 9.35 AM Be more than OK with OrthoK: What's new and where do I start?

#### **Celia Bloxson**

This talk reflects on the difficulties that most practitioners face when starting OrthoK in practice and how to deal with the common and uncommon outcomes of treatment. It will deal with issues like patient expectations, chair time, how successful OK treatment can vary with different patients, when and how to wash out, and how to troubleshoot without the need to refund. Celia will also discuss the new advances in OK treatment in myopia control and how lens design is an important part of success.

## Session 2 (Interactive)

### 11.00 AM Complex cases in myopia management

#### **Kate Gifford**

Myopia management cases can be simple and complex. How do you select a treatment when your patient's refraction or other individual factors take options off the table? How can you set expectations and gauge long-term success? These interactive case studies will cover astigmatism, anisometropia, binocular vision, managing outcomes and more, with key take-home messages to support both the initiation and ongoing successful management of children with myopia.

### 12.00 PM AMD - the optometrist's role in 2025

#### **Michael Chilov**

Macular degeneration is commonly encountered and its diagnostic and treatment options continue to rapidly evolve. Michael will review the latest advances and evidence-based management of AMD including which patients are likely to benefit from new geographic atrophy treatments and how this changes referral protocols. The presentation will also provide updates regarding supplements/antioxidants, when to refer and how urgently, counselling patients about what to expect from treatment and promoting compliance.



## Session 3

### 1.45 PM **PANEL: Thriving in optometry: broadening your horizons**

**Chair: Sarah Davies**

The optometry degree presents the opportunity to pursue a career both within and beyond the traditional consulting room. OA Director of Optometry Advancement, Sarah Davies, will speak with four inspiring optometrists with professional backgrounds ranging from rewarding full-scope optometry practice ownership, to industry, not-for-profit, and entrepreneurship.

### 2.25 PM **Using your optometry for good**

**Marc Eskander**

Marc is an optometrist with a deep interest in making healthcare accessible, having extensive experience working in the not-for-profit sector with both local and overseas organisations. Most recently, he co-founded Eyes of Hope, a mobile service dedicated to providing eye care to homeless people in New South Wales. Marc will talk about where the impetus for Eyes of Hope originated, challenges faced, and progress to date. He will also share practical advice on how the everyday optometrist can make a difference and find more fulfillment in their optometry career.

### 2.45 PM **PANEL: Sleep easy: best practice informed consent and follow up**

**Chair: Paula Katalinic; Panelists: Andrew McKinnon, Audrey Molloy, Rebecca Tobias**

Health professionals are exposed to medico-legal risk on a daily basis but good practice around informed consent and follow-up can significantly reduce your exposure to these risks, particularly in the event of a complaint. Our experienced team will provide tips to mitigate professional risks including optimising protocols for the follow-up of high risk patients and honing your informed consent skills.

## Session 4 (Interactive)

### 4.00 PM **Interactive Cases: Management of anterior eye conditions**

**Tanya Trinh, Heidi Hunter, Celia Bloxsom**

Join us for an interactive discussion of complex anterior eye cases and hear how our experienced clinician-presenters tackled management in their clinical optometric and ophthalmic practices. There's no better way to end off a great conference than a robust interactive discussion with colleagues!



# Registration & Travel

Super Sunday 2025

## Registration & pricing (OA members only)

Early Bird registration (until 11.59pm on 14 March)	\$289
Standard registration (until 11.59pm on 8 June)	\$349
Immediate / Recent Graduate OA member	\$199
Student OA member	\$75

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## Conference location

The Super Sunday Conference will be held in **Parkside Room 1, Level 2, International Convention Centre** (14 Darling Drive, Darling Harbour, Sydney). Enter the ICC via the main ground floor entrance located under the brightly lit ‘Birdsmouth’ LED digital sign, on Moriarty Walk.



## Getting to the conference



### By car

ICC Sydney has two car park facilities located within the Exhibition Centre and ICC Sydney Theatre (\$50 for 4+ hours). Additionally, there are secure car parks located a short walk from the venue including [Wilson Harbourside Car Park](#) (\$25 all day pre-paid) and [First Parking Darling Square Car Park](#) (\$20 all day). Note - prices are subject to change.



### By train

Town Hall and Central Stations are a 10-minute walk from ICC Sydney.



### By light rail

The Light Rail travels right through a number of Darling Harbour stations including ICC Sydney’s stops, Convention Centre and Exhibition Centre. The Light Rail starts at Central Station in the CBD and travels to Dulwich Hill in the inner west.



### By bus

ICC Sydney has its own bus stop. Bus routes 389 and 501 stop at Harris Street near Allen Street – a 10-minute walk from ICC Sydney. For route and timetable information, call 131 500 or visit [www.transportnsw.info](http://www.transportnsw.info).



### By ferry

Cruise into Darling Harbour on a ferry from Circular Quay and alight at Barangaroo Wharf, or Pyrmont Bay Wharf. For route and timetable information on State Transit ferries call 131 500 or visit [www.transportnsw.info](http://www.transportnsw.info).



### Airport

Darling Harbour is only 8km from Sydney Airport.

