# Super Sunday 2022:

Our 10<sup>th</sup> anniversary

22 May, 2022

OA members <u>register here</u> Non-OA members <u>register here</u>

ECONA Program

Details here

Optometry Business Program

Details here









## Introduction

Super Sunday 2022

Join us on 22 May 2022 for our 10th Anniversary Super Sunday Conference which will be held (by popular demand) at Luna Park's Big Top in Sydney's Milsons Point.

The event schedule now includes an Early Career Optometrists Program, brought to you by ECONA and tailored to those who have graduated in the past ten years. This year we are also including an Optometry Business Program, especially geared towards business owners on the theme of 'Are you underservicing your patient?'

Why not bring the family for a fun-filled day? This year's optometry-led conference once again promises to deliver affordable, up-to-the-second, entertaining and clinically-relevant content from a stellar local and international line-up of presenters, with up to 10 hours of CPD available on the day, including 3 interactive hours.

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### **Schedule**

10:00 AM

Morning tea

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# 7:00 AM **Breakfast & registration Session 1: Anterior eye and therapeutics** 8:00 AM Managing Demodex in optometric practice Maria Markoulli Demodex infestation of the eyelids can occur in up to 70% of some populations and have been implicated in the aetiology of conditions such as blepharitis and meibomian gland dysfunction. This talk will discuss the diagnosis and management of this infestation. 8:30 AM A practical guide to prescribing atropine in myopia management Pauline Kang This talk focusses on the latest developments in the evidence for low-dose atropine in slowing myopia progression in children and how it applies to everyday myopia management in children. Eye care practitioners will be able to implement low-dose atropine in their myopia management toolbox following this lecture. 9:00 AM Ocular complications of cosmetic treatments and devices Heidi Hunter Recent years have seen a proliferation of cosmetic treatments and beauty trends involving the eyes and adnexa. Side effects and complications range from mild to vision threatening. Practical tips on managing complications, including therapeutic angents and referral protocols, will be discussed. 9:30 AM Keeping the ocular surface healthy in the glaucoma patient Chameen Samarawickrama The lecture will cover the full spectrum of treatments to optimise the ocular surface in patients with glaucoma. It will cover when to commence treatment, what can be implemented at the optometry level and when to refer to an ophthalmologist.



2:20 PM

Afternoon Tea

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# Session 2: Systemic disease and ocular implications 10:20 AM Overview of thyroid disease and when to refer for a thyroid work-up Hamish Russell Optometrists often see patients being treated for thyroid conditions and may suspect thyroid disease in patients with exophthalmos, diplopia or ocular surface disease as well as systemic symptoms such as unexplained fatigue and goitre. Dr Russell will provide a brief update on the types of thyroid disease as well as current systemic management. He will also provide practical tips on the red flags for thyroid disease and advice on when, where and how urgently to refer patients with suspected thyroid disease. Ocular side effects of systemic drugs 10:50 AM Michael Chilov Many of our patients are taking medications which can have an impact on eye health. This practical presentation will review drugs with common ocular side effects, how to screen for these side effects and review the latest recommendations for screening. Additionally, the presentation will also review the side effects of recreational drugs which are being increasingly seen by eye care practitioners. 11:50 AM The 21st century challenges of alcohol and drugs in the community Michael Farrell Super Sunday 2021's keynote address will be delivered by the Director of the National Drug and Alcohol Research Centre at the University of New South Wales, Prof. Michael Farrell. He will discuss the impact and extent of alcohol and drug addiction in the community and whether optometrists can play a role in assisting their patients to access support services in the community. 12:20 PM Lunch Session 3: Neuro-ophthalmology 12:50 PM How and when to do a cranial nerve assessment Erin Draper Causes of neuro-ophthalmic presentations can be difficult to discern in-office, but a quick cranial nerve assessment can help localize the lesion and determine the next step in treating the patient. This course will use a case-based approach to identify neuro-ophthalmic presentations and review practical in-office techniques for conducting a cranial nerve assessment. 1:35 PM Red flags in paediatrics and strabismus Parth Shah Paediatrics and strabismus cases are often challenging and perplexing, especially when they raise the dreaded "red flags". Management can be simplified through an understanding of the common conditions and a systematic approach to clinical assessment.



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# Session 4: Glaucoma and its mimickers (interactive session) 2:30 PM Surgical options in glaucoma: when drops are not enough Aparna Raniga This presentation will cover advanced treatment options for open and angle closure glaucoma, from the various laser modalities to the range of surgical options currently available. A case-based approach will allow detailed analysis of risk factors, OCT and visual field findings for each patient and evidence based reasoning for the surgery chosen for each patient. Emerging surgical options will also be presented. 3:00 PM Glaucoma management dilemmas - enhancing your clinical decision making skills Graham Lakkis Through case-based presentations and interactive discussion, a variety of glaucoma management dilemmas will be discussed. Diagnosis and treatment options presented will give guidance that is both evidence-based and reflective of real world clinical experience. 4:00 PM **Drinks & nibbles Session 5: Retinal diseases (interactive session)** 4:30 PM Urgency or emergency? A protocol for acute retinal pathology Kwon Kang There are acute retinal conditions that require urgent attention, some of which demand emergency management. This presentation will discuss the symptoms and signs of important retinal conditions we can encounter in our practices and the principles of optimal management.

# 5:00 PM Trivial or not? Retinal disease presentations Michael Yapp

Join us for this interactive session interspersed with fun eye-related trivia! Work through the diagnosis and management of interesting retinal pathology case studies with a colleague, considering multimodal imaging results, then hear Michael Yapp discussing the key elements and clinical pearls of each case.

#### 6:00 PM Finish



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#### Michael Chilov

Michael is an ophthalmologist with subspecialty interests in cataract surgery and retinal/ macular conditions. After completing a Bachelor of Optometry degree at UNSW, he went on to study Medicine at the University of Sydney. He then undertook fellowship training in ophthalmology at Sydney Eye Hospital and advanced retinal fellowship and surgical training at Bristol Eye Hospital in the UK. Michael has been involved in several clinical trials investigating new treatments for retinal disease. Dr Chilov holds public teaching hospital consultant positions at Sydney Eye and Concord Hospitals as well as working in private practice in Sydney.



#### **Erin Draper**

Erin earned her Doctor of Optometry from the Pennsylvania College of Optometry. She completed a residency in Low Vision Rehabilitation and a fellowship in Neuro-Ophthalmic Disease. Dr. Draper is currently A/Prof. at Salus University. She provides clinical care at The Eye Institute in the Neuro-ophthalmic Disease Service. She is an instructor for the Head and Neck Anatomy, Neuroanatomy and Neuro-ophthalmic Disease courses and serves as a co-coordinator for the Neuro-ophthalmic Disease Residency Program.



#### **Michael Farrell**

Michael is a Sydney-based director of the National Drug and Alcohol Research Centre, UNSW, a position he has held since 2011. He graduated from medical school in Dublin and underwent training in general medicine at Westminster Hospital, London, before undertaking Psychiatry at the Maudsley Hospital. He subsequently held positions as Professor of Addiction Psychiatry at Kings College London and Consultant Psychiatrist Maudsley Hospital Trust 1993-2011. In his current role, he has led a research team of approximately 100 staff, with the focus of the work on policy and intervention questions around tobacco, alcohol and other drug use. Prof. Farrell has published over 400 scientific papers and a number of books.



#### **Heidi Hunter**

Heidi is a principal optometrist at an independent full scope practice in Newcastle. She graduated in 2000 and completed ocular therapeutics training in 2011. Working with a corneal ophthalmologist and in a refractive surgery clinic sparked her interest in orthokeratology and specialty contact lens fitting for ocular disease. Heidi is a clinical supervisor at UNSW, a guest lecturer at Newcastle University, a writer for Mivision and OA Contact Lenses, an optometric speaker on ABC radio, and a mentor to optometry students on clinical placements.



#### **Pauline Kang**

Pauline is a Senior Lecturer and Director of Learning and Teaching at the School of Optometry and Vision Science, UNSW. Pauline has strong research interests in myopia control and mechanisms underlying the development and progression of myopia in children. As a committee member of the International Myopia Institute (IMI), Pauline was involved in the development of the first peer reviewed clinical guidelines on myopia management. She was also involved in putting together the recent global consensus report on orthokeratology by the British Contact Lens Association as a part of the Contact Lens Evidence-based Academic Report (CLEAR) project. Pauline also coordinates the Myopia Clinic at the UNSW Optometry Clinic, to not only provide a clinic dedicated to myopia management, but to teach undergraduate Optometry and Vision Science students current evidence-based management of progressive myopia.



#### **Kwon Kang**

Kwon is a retinal specialist ophthalmologist who attended medical school at the University of Sydney, where he also attained a Bachelor of Science degree with the University Medal. He completed ophthalmology training at Prince of Wales Hospital and pursued a fellowship in vitreoretinal surgery and medical retina at Southampton University Hospital, UK. Dr Kang has been active in research into retinal vein occlusion, macular degeneration and macular hole, and published numerous papers in major international journals. He routinely performs surgery for retinal detachment, macular hole, epiretinal membrane and diabetic retinopathy. He has participated in rural ophthalmology as a visiting consultant at Broken Hill Base Hospital and has been involved in a volunteer ophthalmology program in Burma since 2003.



#### **Graham Lakkis**

Graham is currently Lead Optometrist at the University of Melbourne Glaucoma Clinic. He established his private practice in 1991 with a strong focus on ocular disease management, glaucoma treatment, and advanced clinical equipment. In addition, Graham holds positions as a Senior Fellow at the University of Melbourne Department of Optometry and Vision Science. He sits on the Optometry Board of Australia's Scheduled Medicines Advisory Committee and Optometry Australia's Glaucoma Clinical Practice Guidelines working group. Graham is a peer reviewer for Clinical and Experimental Optometry and has presented at both local and international meetings.

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#### Maria Markoulli

Maria is an Associate Professor at the School of Optometry and Vision Science (SOVS) at UNSW. Her research interests relate to the ocular surface in health and disease. She is a dual Ezell Fellow from the American Optometric Foundation (2009 and 2010) and was on the Tear Film and Ocular Surface (TFOS) society sub-committees of the contact lens discomfort workshop and on the pathophysiology sub-committee of the TFOS Dry Eye Workshop II. She is deputy editor for Clinical and Experimental Optometry and the postgraduate coordinator for SOVS, UNSW. A/Prof Markoulli is also the Australian TFOS Ambassador and will be on the steering committee of the upcoming TFOS workshop on "A Lifestyle Epidemic: Ocular Surface Disease".



#### **Aparna Raniga**

Aparna is a Sydney-based subspecialist glaucoma and cataract surgeon. She completed a fellowship in glaucoma surgery and uveitis at the prestigious Bern University Hospital, Switzerland, and a second fellowship at the Ivey Eye Institute, University of Western Ontario, Canada where she also gained further experience in high volume cataract surgery and trabeculectomy. She specialises in MIGS, deep sclerotomy, trabeculectomy and tube shunt surgery and regularly performs SLT, laser peripheral iridotomy, and stent surgery. Dr Raniga designed and instituted a randomised controlled trial investigating the efficacy of SLT in treatment naïve glaucoma patients.



#### **Hamish Russell**

Hamish is a Senior Staff Specialist in Endocrinology at Liverpool Hospital. Dr Russell has a wide interest in diabetes and endocrine conditions with particular interests in Indigenous Health, endocrine conditions in pregnancy and medical education.



#### **Chameen Samarawickrama**

Chameen is a cataract, corneal and refractive sub-specialist, and an Associate Professor at the University of Sydney. He completed his ophthalmology training at Sydney Eye Hospital and subsequently undertook two cornea/refractive fellowships. Chameen was named one of the 'Top 5' Young Scientists of 2019. He has made major contributions to ophthalmology research and is a leading clinician-scientist in his field. Over the course of his career, he has been awarded over \$1.5 million in research funding. A/Prof Samarawickrama has rooms at Nexus Eyecare Blacktown and Norwest, and Concord Eye Specialists.



#### **Parth Shah**

Parth is a Sydney-based ophthalmologist with a passion for cataract surgery, strabismus surgery and paediatric ophthalmology. Parth completed prestigious surgical fellowships in the U.K. (Birmingham, Cheltenham & Oxford) and Pittsburgh, USA. He is a clinical lecturer at the University of Sydney and is very active in clinical research and teaching. Dr Shah supervises registrars at several public hospitals including Prince of Wales Hospital, Sydney Children's Hospital in Randwick and The Sutherland Hospital.



#### Michael Yapp

Michael is currently Head of Clinical Operations and Teaching at the Centre for Eye Health. He has had a diverse range of clinical experience throughout his career, working in private practice before undertaking locum work Australia-wide and overseas. Prior to joining CFEH at its inception in 2009, he honed his diagnostic skills working with a corneal specialist ophthalmologist in Sydney. Michael's interest in education started early in his career when he was a staff optometrist at UNSW. Since then, he has continued to educate generations of optometrists, being invited to speak at numerous Australian optometry conferences as well as prominent international conferences in New Zealand, India and America.

# **Registration & Travel**

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#### **Registration & pricing**

OA members register here.

Non-OA members register here.

#### For members:

Early Bird \$339 Standard \$399 Late registration \$450

#### For non-members:

Early Bird \$639 Standard \$699 Late registration \$750

#### **Getting there**

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#### By car

Luna Park has its own car park with 389 secure spaces, available to guests during Park opening hours. Take the easy option and drive right on into the fun. Entry to the car park is via Paul Street, just off Alfred St South, Milsons Point. Hours of operation are 7am to 12am and a flat rate of \$49 per day applies.



#### By bus

Sydney buses run regularly and reliably. Many North Shore bus routes pass the nearby North Sydney Station and/or terminate at Milsons Point (just a five minute stroll from Luna Park) so they're a fast, easy and picturesque way to get to Luna Park.



#### By train

Milsons Point train station on the north side of the Harbour is the closest to Luna Park. Travelling north, Milsons Point Station is the first stop after Wynyard station in the city. Travelling south it's immediately after North Sydney station. Milsons Point station can be found on both the 'Northern Line' and 'North Shore and Western Line'. From the station, Luna Park is an easy five minute stroll downhill towards the Harbour.



#### By ferry

Milsons Point Wharf is situated right in front of the iconic Luna Park Sydney face. Please check the Transport NSW timetables for more details to plan your trip.