



LEARNING OBJECTIVES & PRESENTER BIO – WAVE 2020 – 21ST & 22ND MARCH 2020

SATURDAY AM

Workshop 3

Jason Holland & Helen Gleave

Title: [Assessing Dry Eye – A Practical in-Practice Approach](#) TX

Summary In this workshop the do's and don'ts of how to identify and classify dry eye disease in a range of practice scenarios will be discussed. Techniques for assessing the tear film and eyelid will be demonstrated, with the opportunity to take a hands-on approach. Different approaches to management will be discussed, enabling optometrists to formulate a treatment plan depending on their clinical findings and treatments available in a variety of practice settings

Learning Objectives

1. Understand the diagnosis methodology of Dry Eye Disease
2. Understand the relevance of meibomian gland heat and expression in the management of dry eye disease
3. Understand the TFOSS DEWS II Step 1 approach to the management of Dry Eye Disease

Repeats x 4 from 8.30 – 9.30am / 9.30 – 10.30am / 11.05 – 12.05pm & 12.05 -1.05pm

SAT 5.05pm – 5.35pm

Jason Holland

Presentation Title: [How to mix the perfect Dry Eye Cocktail](#) TX

1. To understand the importance of artificial tear ingredients to maximise clinical performance.
 2. To learn how to formulate a multiple drop strategy to manage moderate to severe Dry Eye Disease.
 3. To become comfortable using steroid eye drops in the management of Dry Eye Disease
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JASON HOLLAND

BAppSc(Optom)(Hons) GradCertOcThera CASA CO

Mr Holland graduated from QUT in 1994. Initially he worked as a Locum for The Optical Superstore until in 2002 he became the National Director of Optometry. Jason also commenced work with Ophthalmologist and Anterior Eye Specialist, Dr Andrew Apel, in 2001 and has since been providing pre and post-operative assistance at his Brisbane rooms. He obtained his ocular therapeutic prescribing rights in 2012 and founded a busy Dry Eye, Glaucoma and advanced Contact Lens clinic. Jason became a Director for OA in Qld in 2008 and is now the Treasurer.



He was nominated to sit on the National OA board in 2014. He also sits on the Deakin Advisory board and has lectured on Contact Lenses and Dry Eye in Australia and across South East Asia.

HELEN GLEAVE

BScOpt (Hons) MCOptom

Dr HELEN GLEAVE BScOpt (Hons) MCOptom, is the Professional Training Manager for Alcon Australia. She is responsible for training and education programs in contact lenses and contact lens care. She qualified as an optometrist from City University in London and owned a practice focused on contact lenses for 15 years. She has been a clinical investigator for different contact lens manufacturers and a member of their advisory panels.

