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# Super Sunday 2024

**19 May 2024**

**Doltone House Darling Island**

48 Pirrama Rd,  
Pyrmont, Sydney

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**SUPER SUNDAY**

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# Introduction

Super Sunday 2024

1

**Join us on 19 May 2024 for the highlight of the optometry calendar in NSW - the 12th Super Sunday Conference at Doltone House in Sydney's Pyrmont Bay.**

This year's optometry-led conference once again promises to deliver thought-provoking, clinically-relevant and affordable education from a stellar line-up of engaging Australian and international presenters.

Super Sunday 2024 offers up to 10 hours of CPD.

## Contents

- 1 Introduction
- 2 Schedule
- 4 Speakers
- 7 Topic outlines
- 10 Registration & travel



# Schedule: Morning sessions

Super Sunday 2024

2

7:00 AM Breakfast & registration

## Session 1 Therapeutics update

8:00 AM **Foods, fads and supplements: What really helps your dry eye patients?**  
Adele Jefferies

8:30 AM **Uveitis PLUS: managing ocular comorbidities in patients with a history of uveitis**  
Richard Symes

9:00 AM **Reinventing the wheel: The WCO Alcon Dry Eye Wheel**  
Jennifer Craig

9:30 AM **The NZ Experience: Building confidence with oral therapeutics**  
Adele Jefferies

10:00 AM **Protocols for prescribing ciclosporin**  
Stephanie Watson

10:15 AM Morning tea

## Session 2 The optometrist's journey: collaboration, alternative career pathways & outreach

10:45 AM **From Down Under to Ivy League: my journey as an Aussie optometrist at Harvard**  
Daisy Shu

11:00 AM **Optometry and Ophthalmology: Improving collaboration for improved patient outcomes**  
Matthew Wells

11:30 AM **PANEL**  
**Conditional driver licences**  
Chair: Audrey Molloy, Panel: Sharon Oberstein, Paula Katalinic

12:00 PM **KEYNOTE ADDRESS**  
**The optometrist's role in Aboriginal and Torres Strait Islander eye care**  
Kris. Rallah-Baker

12:30 PM Lunch



# Schedule: Afternoon sessions

Super Sunday 2024

3

## Session 3 Neuro-ophthalmology

- 1:15 PM**      **Dangerous headaches: The red flags**  
Kate Reid
- 1:50 PM**      **PANEL**  
**Initiating treatment in your glaucoma patients**  
Chair: Michael Yapp, Panel: Katherine Masselos, Heidi Hunter, Siri Tang
- 2:25 PM**      **Idiopathic intracranial hypertension (IIH): Triaging the commonest swollen disc**  
Kate Reid
- 3:00 PM**      **Distinguished Service Award**
- 3:05 PM**      **Afternoon tea**

## Session 4 Interactive Session

- 3:30 PM**      **Interactive: Managing the side effects of contact lenses**  
Adele Jefferies
- 4:15 PM**      **It's NOT melanoma! Ocular oncology masquerades**  
Adrian Fung
- 5:00 PM**      **FINISH**





## Adele Jefferies

Keynote Speaker

Adele is a clinical optometrist working in independent practice in Auckland, New Zealand, with special interests in dry eye & ocular surface disease, contact lenses and therapeutics. Beyond caring for patients, she is the National Clinical Manager for Matthews Eyecare, is on the CPD Accreditation Committee for the New Zealand Optometrists and Dispensing Opticians Board, is the President of the Cornea & Contact Lens Society (NZ), and is an Honorary Teaching Fellow at the University of Auckland School of Optometry & Vision Science. She graduated from the University of Auckland in 2003, completed her postgraduate therapeutics studies in 2005 and her Master of Science in 2020. She has also been involved in a range of pre-market trials and advisory boards regarding contact lenses and dry eye care.



## Kris Rallah-Baker

Keynote Speaker

Associate Professor Kris Rallah-Baker is a proud Yuggera/Warangu man on his mother's side and Wiradjuri on his father's side. He is Australia's first Indigenous ophthalmologist, a founding member and former President of the Australian Indigenous Doctors' Association, former AMA Federal Councillor, has served as a Director on the Federal Board of the Royal Flying Doctors Service and technical advisor to the Fred Hollows Foundation. He is a current Director on the Board of Vision2020 Australia, current Director on the Board of the Nova Peris Foundation, owner and Director of Sunshine Coast Ophthalmologists at Noosa, current Zeiss key opinion leader in cataract surgery and comprehensive ophthalmology, holds academic appointments at both Queensland University of Technology and the University of Melbourne and is a visiting medical officer at Kawana Private Hospital, Nambour Private Hospital and Noosa Hospital.



## Richard Symes

Dr Richard Symes is a medical retina, uveitis and glaucoma specialist. He graduated from Imperial College, London and subsequently completed his ophthalmology residency in London. His subspecialty fellowship training in medical retina and uveitis was undertaken at Moorfields Eye Hospital. His subspecialty glaucoma training was undertaken at the University of British Columbia, Vancouver, Canada. Dr Symes also spent 12 months as the Professorial fellow at Sydney Eye Hospital where he gained particular experience managing patients with complex eye diseases. Dr Symes has a strong interest in cataract surgery, particularly complex cataract surgery in patients with retinal disease, uveitis or glaucoma. During his time in the UK, Dr Symes served as Britain's representative to the European Society of Cataract and Refractive Surgeons (ESCRS) young ophthalmologists' committee. He also served on the Royal College of Ophthalmologists Scientific committee and Surgical Skills committee. He has been actively involved in clinical trials for retinal diseases and has published a number of articles in the scientific press on cataract surgery visual outcomes.



## Jennifer Craig

Therapeutic research optometrist, Jennifer P. Craig is a Professor in Ophthalmology at the University of Auckland in New Zealand, where she heads the Ocular Surface Laboratory. Jennifer's main research interest is dry eye disease and tear film dysfunction. She regularly delivers continuing education and research lectures internationally, and publishes widely in both the scientific and clinical press with over 170 published peer-reviewed articles. She was Vice-Chair of TFOS DEWS II and Chair of the TFOS Lifestyle Workshop and holds several visiting academic appointments across the world.



## Daisy Shu

Dr Daisy Shu is a Scientia Senior Lecturer at the School of Optometry and Vision Science UNSW and former scientist at Harvard Medical School. Her research explores the molecular mechanisms driving age-related macular degeneration (AMD). Daisy completed her optometry training at UNSW and PhD at the University of Sydney. She is the Vice-President of the International Society for Eye Research (ISER) and serves on ARVO Women in Eye and Vision Research (WEAVR) leadership committee. She is a recipient of the AAOPT Ezell Fellowship and the American Society for Investigative Pathology (ASIP) Young Scientist Leadership Award. She is an Associate Editor for *Clinical and Experimental Optometry* and co-hosts the "Behind our Science" podcast.



## Stephanie Watson

Professor Stephanie Watson OAM FARVO is a cataract and corneal surgeon in adults and children, with appointments at the Sydney Eye Hospital, Sydney Children's and Prince of Wales Hospitals where she is a RANZCO trainer. She practices at Bondi Eye Doctors, Sydney, and is known for her ground-breaking research in corneal therapies. She leads the Corneal Research Group at University of Sydney and is Head of the Corneal Unit at the Sydney Eye Hospital. Stephanie contributes to the executive leadership team for the Sydney Nano Institute. She contributes to policy and advocacy in a variety of roles: Chair, Australian Vision Research; Past-Chair to the Association for Research in Vision and Ophthalmology's (ARVO) Advocacy and Outreach Committee; and Vice-Chair, RANZCO NSW Branch and Secretary to the Asia Pacific Ophthalmic Trauma Society. In 2022, Stephanie was awarded the Medal of the Order of Australia for services to ophthalmology. In 2019, she became a Fellow of the Academy of Asia-Pacific Professors of Ophthalmology (AAPPO). She was the only Australian woman to make the Power List of the Top 100 women in ophthalmology in 2021 and in 2022 and 2023 the only Australian woman on the Top 100 Power list for all ophthalmologists. She has received an Outstanding Service in Prevention of Blindness award from the Asia Pacific Academy of Ophthalmology, ARVO Gold Fellowship (FARVO), New Zealand's Dorothy Potter Medal and an NSW Premier's Prize for Leadership in Innovation.



## Matthew Wells

Dr Matthew Wells is a glaucoma and cataract surgeon and a RANZCO Fellow and a consultant ophthalmologist at Sydney Eye Hospital. He has expertise in the diagnosis and management of glaucoma with specialty training in selective laser trabeculoplasty (SLT), minimally invasive glaucoma surgery (MIGS), filtration, and aqueous shunt surgery. He is passionate about education and awareness of preventable blindness in Australia and abroad. Matthew studied medicine at the University of Notre Dame and trained in ophthalmology at the Sydney Eye Hospital. In his final year, he worked in the Sydney Eye Hospital Professorial team, working with patients with a broad range of conditions including advanced uveitis, glaucoma, and corneal disease followed by a sub-specialty fellowship in glaucoma at Westmead Hospital. He has a research interest and has published papers in several peer-reviewed medical journals both in Australia and internationally.



## Sharon Oberstein

Dr Sharon Oberstein is senior lecturer, convenor of the Graduate Diploma in Orientation and Mobility, and Deputy Clinic Director of the UNSW Optometry Clinic. Sharon qualified as an optometrist in South Africa (cum laude), graduated with PhD at UNSW Sydney and achieved senior fellowship of the Higher Education Academy (UK). Sharon was awarded the Menzies Research Scholarship in Allied Health Sciences in 2015 for her work on driving with central visual impairment and bioptic telescopes. Advanced skills in low vision have led to invitations to lecture at optometric and multi-disciplinary conferences and contribute to rehabilitation planning committees.



## Kate Reid

Dr Kate Reid is a neuro-ophthalmologist, with a particular interest in idiopathic intracranial hypertension (IIH). She established the Eye Clinic at Canberra Hospital, launching the first pilot of Oculo in an Australian public hospital, and initiating co-management with both public and private optometry. Dr Reid is an experienced educator who established and then led the ANU Medical Student Ophthalmology Program for a decade and she has participated in the clinical training of over one hundred ophthalmology registrars. She continues as a lecturer for both graduates and students in ophthalmology and optometry. Now in private practice in Canberra, she recently joined the Board of Vision 2020 Australia.



## Michael Yapp

Michael is currently the Head of Clinical Operations at Centre for Eye Health (CFEH) where he has worked since its inception in 2009. Over the course of his career, Michael has had a diverse range of clinical experiences, working in private practice before undertaking locum work Australia-wide and in the UK, as well as running an optical charity and working in ophthalmology practices. His interest in optometric education started early in his career when he was a staff optometrist at UNSW. Since then, he has continued to be involved in a wide variety of optometric education programs both through his work at CFEH and invitations to speak at optometry conferences in Australia and internationally. Recently, Michael has taken on a concurrent role at Optometry Australia, advocating for the advancement of the optometry profession in particular with regards to developing future opportunities for collaborative care and enhanced scope of practice.



## Heidi Hunter

Heidi is a principal optometrist at an independent full scope practice in Newcastle and the current President of Optometry NSW/ACT. She graduated in 2000 and completed ocular therapeutics training in 2011. Working with a corneal ophthalmologist and in a refractive surgery clinic sparked her interest in orthokeratology and specialty contact lens fitting for ocular disease. Heidi is a clinical supervisor at UNSW, a guest lecturer at Newcastle University, a writer for Mivision and OA Contact Lenses, an optometric speaker on ABC radio, and a mentor to optometry students on clinical placements.



## Katherine Masselos

Dr Katherine Masselos is an ophthalmologist in Sydney who specialises in cataract and glaucoma surgery. After completing a Bachelor of Optometry at the University of NSW, she went on to study medicine at Sydney University, graduating from both degrees with honours. Dr Masselos completed a sub-specialty glaucoma fellowship at Manchester Royal Eye Hospital, in the United Kingdom. She is a staff specialist at Prince of Wales and Sydney Eye Hospital. Dr Masselos is a lecturer at the University of New South Wales and Chair of the Clinical Advisory Panel for Glaucoma Australia.



## Adrian Fung

Professor Adrian Fung is Head of the Westmead Hospital Vitreoretinal Unit and a specialist in retinal diseases and posterior segment tumours. He is a Clinical Professor in Ophthalmology at Macquarie University Hospital and Clinical Associate Professor at the University of Sydney. Professor Fung has published over 130 international peer-reviewed journal articles and 7 book or book chapters and is the Chief and Founding Editor of the online textbook [www.vrsurgeryonline.com](http://www.vrsurgeryonline.com). He is Co-Chair of the RANZCO Scientific Committee, immediate past Chair of the RANZCO Clinical Standards Committee, a RANZCO RACE examiner and sits on the ANZSRS Surgical Registry committee. He is a recipient of the RANZCO Teacher of Excellence Award, APAO Distinguished Service and Achievement Awards and the Macula Society Travel Grant Award. Professor Fung has been invited to speak at over 100 international lectures in Australia, North America, Europe and Asia.



## Siri Tang

Siri is a senior optometrist at an independent full scope practice in rural Broken Hill, NSW. She graduated from UNSW, completed ocular therapeutics at the University of Melbourne, and is also an aviation-accredited optometrist. She has more than 20 years of full time, part time and locuming experience within Australia and New Zealand. Together with her ophthalmic associates, Siri is a co-founder of the International Mobile Eye clinic to save sight for orphans overseas. With resource constraint in remote and rural areas, Siri works closely with local GP's and emergency departments, private ophthalmologists, ophthalmology registrars in tertiary settings, and is planning to expand her services to include glaucoma genetic testing. Siri also mentors students as a preceptorship supervisor for students from various universities including UNSW, Flinders and Deakin.



## Audrey Molloy

Audrey is an optometrist who began practising in Australia in 1998. She completed post-graduate studies in Advanced Contact Lenses and Ocular Therapeutics at UNSW while working in private practice where she developed a special interest in dry eye and corneal disease. She worked for Vision Eye Institute, a group ophthalmology practice, for 15 years, in a range of roles including consultant optometrist (post-laser and cataract), referrer liaison, content marketing and communications. Audrey acquired a Diploma in Marketing in 2005 and a Diploma in Editing & Publishing in 2014. She completed ocular therapeutics at ACO in 2018. She has worked for Optometry NSW/ACT in the role of Strategic Communications and Member Liaison since 2017.



## Paula Katalinic

Paula is the Professional Services and Advocacy Manager at Optometry NSW/ACT where she has been part of the team since 2004. Paula graduated from UNSW Optometry in 1999 and subsequently completed a Certificate in Ocular Therapeutics in 2008 and MOptom in 2010. She developed a strong interest in diabetic eye disease whilst working at Joslin Diabetes Center's Beetham Eye Institute in Boston for nearly four years. From 2009 until 2021, she was a principal optometrist and lead clinician at the Centre for Eye Health. Other roles have included staff optometrist at UNSW and working in rural and urban practices. She has a keen interest in optometric education and has presented at numerous conferences and educational events as well as participating in clinical research.

## Session 1

### 8.00 AM Foods, fads and supplements: What really helps your dry eye patients?

#### Adele Jefferies

Symptoms of Dry Eye impact a significant number of patients in ANZ. Dry Eye Disease is a chronic, progressive condition that impacts ocular comfort, vision, productivity & quality of life. Many environmental & lifestyle factors, including diet and nutrition, can play a role in tear film stability, ocular comfort and the development of dry eye disease. This talk will review things your patients may ask you about and cover aspects of nutrition that evidence suggests will benefit patients with dry eye disease, from omega-3s, probiotics and day-to-day nutritional approaches.

### 8.30 AM Uveitis PLUS: managing ocular comorbidities patients with a history of uveitis

#### Richard Symes

Uveitis in the older patient often presents as a comorbidity with other ocular disease. How does the eye surgeon approach treatment of glaucoma, cataract or retinal disease when complicated by a current or chronic uveitis? Richard will share his approach to managing challenging uveitis patients and provides tips for optometrists on when and where to refer.

### 9.00 AM Reinventing the wheel: The WCO Alcon Dry Eye Wheel

#### Jennifer Craig

Dry eye disease is a common, chronic and debilitating condition that when misunderstood by patients and practitioners can result in suboptimal management and only transient symptomatic relief. Fuller understanding of the different mitigating factors, the relevant assessments to undertake and the ability to use these clinical measurements to inform individualised management strategies can improve patient outcomes. Supported by patient cases, Jennifer will explain how mitigation, measurement and management of dry eye can be achieved by all eye care practitioners, with or without investment in costly or complex equipment, for the benefit of affected patients. In a World Council of Optometry (WCO) initiative undertaken in partnership with Alcon and global dry eye experts, the TFOS DEWS II approach to dry eye diagnosis and management is presented in the form of the Dry Eye Wheel – an elegant and practical model that's easy to interpret and apply by any practitioner seeking to improve dry eye disease management in their patients.

### 9.30 AM The NZ Experience: Building confidence with oral therapeutics

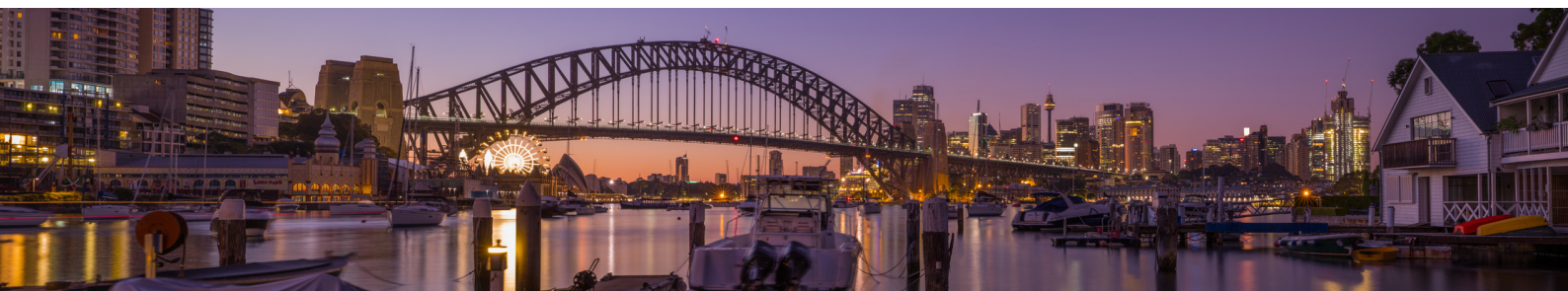
#### Adele Jefferies

While topical care is the primary method of managing ocular eye disease in the optometric setting, there is a range of eye conditions that can benefit from oral therapeutics. From blepharitis, ocular pain management, episcleritis and herpes infections, oral medications can result in better patient outcomes. This talk will discuss oral therapeutics from a New Zealand optometry setting and the role they play in primary optometric practice.

### 10.00 AM Protocols for prescribing ciclosporin

#### Stephanie Watson

Many patients continue to suffer with ocular surface disease despite their eye care professional prescribing a range of treatments. A hallmark of many ocular surface diseases is inflammation. Topical ciclosporins have a unique role in controlling inflammation and thus improving the symptoms and/or signs of damage to the ocular surface. This lecture will discuss the use of topical ciclosporins in a range of diseases that afflict the ocular surface.





## Session 2

### 10.45 AM From Down Under to Ivy League: my journey as an Aussie optometrist at Harvard

#### **Daisy Shu**

In this talk, Daisy will share her journey from Australian optometrist to Harvard researcher, highlighting the key opportunities that paved the way. She will delve into the challenges and breakthroughs that defined her career path, offering a candid perspective on her transition as an international researcher. Daisy will share actionable insights for optometrists seeking to pursue a career in research.

### 11.00 AM Optometry and Ophthalmology: improving collaboration for improved patient outcomes

#### **Matthew Wells**

Tapping into his extensive experience working in both optometry and ophthalmology practice, Matthew will discuss the unique roles and strengths of optometry and ophthalmology, what to do in cases of vision and life threatening emergencies and how to close the loop when making referrals, ways to improve quality of life for co-managed patients, and tips on strengthening practitioner relationships and communication pathways.

### 11.30 AM PANEL: Conditional driver licences

#### **Audrey Molloy (Chair), Sharon Oberstein, Paula Katalinic**

Recommending a conditional driver licence can be daunting. Optometrists need to understand the basis for, and effects of, restrictions they recommend. This panel will discuss some of the pain points and suggest ways to approach conditional licence recommendations.

### 12.00 PM KEYNOTE ADDRESS: The optometrist's role in Aboriginal and Torres Strait Islander eye care

#### **Kris. Rallah-Baker**

Australia's first Indigenous ophthalmologist, Dr Rallah-Baker, will discuss how optometrists and ophthalmologists can work together to improve the delivery of eye health care to Indigenous patients. He will also consider the key barriers to accessibility of eye care and optometry services, in rural, remote and urban Indigenous populations, as well as the role of screening for refractive error, cataract and diabetic retinopathy.



## Session 3

### 1.15 PM Dangerous headaches: The red flags

#### **Kate Reid**

Headaches that threaten vision may well present to the optometrist, including fulminant idiopathic intracranial hypertension and giant cell arteritis. Assessing timing, location and 'tells' can distinguish these headaches from those that threaten life, or are 'only' severe or common.

### 1.50 PM PANEL: Initiating treatment in your glaucoma patients

#### **Michael Yapp (Chair); Katherine Masselos, Heidi Hunter, Siri Tang**

Hear from industry leaders on how they approach the initiation of treatment in glaucoma patients, how they manage the side effects of topical glaucoma medications, when to consider SLT as first line treatment, and selection of first line medications based on your patient's risk profile and comorbidities.

### 2.25 PM Idiopathic intracranial hypertension (IIH): Triaging the commonest swollen disc

#### **Kate Reid**

Although 80% of IIH patients need only medical treatment, 2% present with fulminant disease needing immediate procedural intervention. A further 18% will fail medical treatment. During this presentation, Kate will discuss how multimodal assessment distinguishes these 3 subgroups, with visual fields being the most important data point.

## Session 4

### Interactive Session

### 3.30 PM Managing the side effects of contact lenses

#### **Adele Jefferies**

Contact Lenses impact our patients in a number of positive ways. This talk will discuss cases of patients where contact lenses, while bringing benefits to the patient, have also had other management challenges to consider. From keratoconus, dry eye patients, combination therapy in myopia management and presbyopic patients, this interactive talk will discuss a range of patients seen in primary practice.

### 4.15 PM Is it Melanoma? Ocular oncology masquerades

#### **Adrian Fung**

During this interactive session, Adrian will discuss clues to diagnosing common fundus lesions that are often confused with choroidal melanoma, based on multimodal imaging, as well as management relevant to optometrists. Lesions include: Choroidal haemangioma, CHRPE, vasoproliferative tumours, PEHCR, suprachoroidal haemorrhage, vortex varies, focal scleral nodule, osteomas, melanocytoma and uveal melanocytosis.

# Registration & Travel

Super Sunday 2024

10

## Registration & pricing (OA members only)

Early Bird registration (until 11.59pm Fri 23 February) \$339

Standard registration (until 11.59pm Fri 3 May) \$399

[REGISTER HERE](#)

## Getting to Doltone House (Darling Island)

48 Pirrama Rd, Pyrmont



**BEWARE!**  
This venue is commonly confused with the nearby *Doltone House Jones Bay Wharf* - a mere 5 minutes walk away.  
Super Sunday 2024 will be at *Doltone House Darling Island* at 48 Pirrama Rd, Pyrmont - right opposite the light rail stop.



### By car

**The Star Parking Station:** Located on Pyrmont St, Pyrmont.

**Wilson Jones Bay Wharf Carpark:** Located on 17-23 Pirrama Rd, Pyrmont. Wilson Carpark pre-book parking at [www.wilsonparking.com.au/book-online/](http://www.wilsonparking.com.au/book-online/) with promotional code 'Doltone'.



### By train

Doltone House is a 25 minute walk from Town Hall Station. Walk over the Pyrmont Bridge at Darling Harbour and Darling Island Wharf is located opposite The Star. For further information call 131 500 or visit [www.transportsw.info](http://www.transportsw.info).



### By light rail

Departs from Central Station to The Star every 10 to 15 minutes and operates 24 hrs per day, 7 days a week. For further information call 131 500 or visit [www.transportsw.info](http://www.transportsw.info). Park at the Harbourside Car Park and catch the light rail to The Star.



### By bus

The State Transit Bus Route 389 regularly departs from City - Town Hall Park Street to Pirrama Rd. For route and timetable information, call 131 500 or visit [www.transportsw.info](http://www.transportsw.info).



### By ferry

Operates 7 days a week from Wharf No. 5 at Circular Quay and stops at Pyrmont Bay. For route and timetable information on State Transit's 'Darling Harbour' ferry to Pyrmont Bay call 131 500 or visit [www.transportsw.info](http://www.transportsw.info).